

PRASHIAMAN

SOMETHING QUOTED

The Weak can never forgive. Forgiveness is attribute of the strong.
-Mahatma Gandhiji (Oct 2, 1869-Jan 30, 1948)



STETHOSPEAKS

"Ek do teen chaar,
Ganpati ni jay jay kar"
(Krupa Vakharia
-2nd Due)

Charged by such slogans and among frenzied cries of "Ganpati Bappa Moriya", the auspicious occasion of Ganesh Chaturthi marked by "Aagman" of Ganeshji, a 11 day long festival commencing on Chaturthi (4th day) and ending on Anant Chaturdasi (14th day) of 2nd fortnight in the month of Bhadrapada (August-September). Ganeshji is herald of auspicious beginnings, god of knowledge and popularly known as "Vighna harta"-remover of all problems/obstacles. A remarkable thing is that his deity is always associated with mooshika- his vehicle.

Rats always evoke a feeling of disgust and are responsible for plague. Apart from this, rat is symbol of fertility and unstopability. With Ganesh sitting atop mooshika only the positive aspects reach his devotees and negative aspects stay miles away. Beginning with installation of clay idols of Ganesh in public temporary shrines with heights varying from 8 to 11 feet as well as homes, each day of this festive commences and ends with serene aarti "Jai ganesh jai ganesh jai ganesh deva, Mata jaaki parvati, pita mahadeva". Along with offerings as prasid in form of sweets amongst his favourite "Modak".

The eye-catcher of the festive being the ways idols are sculpted as Shiva sometimes as Vishnu other times as Krishna; idol embellished with flowers; shrines adorned with lights and lamps. The closing of festival according to traditions involves immersing idol in water popularly known as "Visarjan". Visarjan are held after 1, 1.5, 3, 5, 7 and 11 days.

During this Visarjan, idol is taken through streets in procession accompanied with dancing and singing to be immersed in sea/river symbolising ritual see-off to the Lord Ganesh taking away all the misfortunes of man. This ritual often ends with citing of "Ganpati Bappa Moriya

Purchya Varsh Laukariya" (O Lord Ganesh, come early the next year)

CA-TOON

-Rohan Gajjar(2nd Due)



MURMUR

The Glow Remains

(Darshi Desai - 2nd / Due)

In the dullness of the dusk, I dream of you,
In the brightness of twilight, I long for you,
In the sparks of an aura, I think of you,
In the gleam of an eye, I look for you.
When the day starts, I wish for you,
When the sun shines, I darken for you,
When the stars peep, I fear for you,
When my eyelids shut, I reminisce you.
The essence of my life, is alive with you,
The spirit of my day, is on fire with you,
The glow of my soul, is even brighter with you,
The passion of my friendship, belongs with you!
Now,
When the words are gone, But the memories remain,
When the voice is gone, But the echo remains,
When the sight is gone, But the glimpses remain,
The spark is gone, But THE GLOW REMAINS!

HATS OFF 2 U DOC !

A Triumph Story
(Sapna Mittal - 2nd due)

There are two ways to live your life, one is as though nothing is a miracle; the other as though everything is. This is a story of a 30 year old lady, Mrs. Rekha Verma. Everything was normal in her life except some cough with expectation, a little breathlessness every now and then on exertion. Over a period of one month, her complaints started aggravating leaving her breathless even at rest. Rekhaben visited OPD, CHA. General examination revealed no abnormality other than clubbing. On examination of respiratory system, decreased air entry on the upper zone of right lung was discovered. CT chest showed a mass in the upper lobe of right lung and right pleural effusion. Metastasis in the right hilar lymph nodes was also visible. Suspecting malignancy, she was referred to GCRI. Little did she know that the complaint she had been disregarding for over a month now would leave her suspecting such a devastation!

Pleural effusion was drained by putting an ICD tube and the fluid was sent for cytological examination which turned out to be negative. CT guided biopsy was done from the right upper lobe mass. Histopathological examination was suggestive of adenocarcinoma. Mutational analysis was done for EGFR (Epithelial Growth Factor Receptor) and ALK (Anaplastic Lymphoma Kinase). Symptomatic treatment was started. Her results tested positive for ALK mutation. Mankind faces a thousand thunderstorms, but it is only after having faced them that we learn to make our own rainbows. The Science today has progressed to such an extent that some mutations have been conquered. ALK is one such mutation cured by TABLET CRIZOTINIB. Hence, aptly said, 'Cancer is a word, not a sentence'. The cost of Crizotinib treatment is very high amounting to 10,000 US dollars/month. As Rekhaben was unable to afford it, CHA enrolled her in Crizotinib Oncology Programme, which reduced the expenditure to Rs. 6,000/month. Within one month of starting treatment, her symptoms subsided and there was resolution of pleural effusion. 6 months later, evaluation revealed complete radiological response and Rekhaben was deemed cured of the disease. The scientific expertise over manipulation of a single mutation and the humanitarian measures of making the treatment affordable is indeed a triumph of the medical fraternity! Hats off to you doc!

(Based on a real life story; characters are fictional....Coutesy : Oncology Department, GCRI)

DISSECTION



Series : Tripling
Launch date :
28th August, 2016
Streaming on :
YouTube and TVF Play App
Reviewed by :
Riya Shah (2nd / Due)



After their previous successful stints with 'Permanent Roommates' and 'Pitchers', internet group The Viral Fever is back with another novel concept in their newly launched web series 'Tripling'. It stars Sumet Vyas, Manvi Gargro and Anmol Parashar as distant siblings who take off on an unplanned road trip. The road trip serves as a perfect retreat from their dysfunctional personal lives. As the trip progresses the siblings get a chance to bond again. Each character is reliable and the series presents its own take on a roadtrip which is different from what we have seen before in movies.

The series has a strong background score and features some scenic routes of Rajasthan. The web series is a welcome change from the hindi saas bahu sagas. It is more realistic for today's generation and is becoming popular amongst the youth.

TRAVELER-X

Saputara - the mini Kashmir of Gujarat
(Students of 2nd/ Due from Rajkot)



It is a beautiful Hill station located in Dang district, South Gujarat. It is one of the best places of Gujarat to wander around. Lake in the centre surrounded by mountains is just magnificent. Foggy weather around there is heavenly.

There are certain places like Sunrise point, table view point, Sunset point like at any other hill station is worth a visit. Museum, aquarium and step garden adds beauty to it. It is a perfect place for adventure sports lovers as the environment is suitable for rock climbing, zip lining, rappelling, Karting, paragliding.

As a part of Gujarat tourism, government has arranged monsoon festival to attract the tourists. In this fest every night there are different types of programmes like Garba night, dj night , Lok dayro etc. Well, the events being cost free adds to the fun.

Gira fall located 40 km away from saputara is home and the sound of the waterfall gives goosebumps. Waghai botanical garden, is another good place to give a shot.

Sardar Sarovar dam, is a well renowned dam as it is constructed over holy river Narmada. Gujarat, Maharashtra, Rajasthan and Madhya Pradesh, all these states receive water for their irrigation purposes and hydro electricity from this dam. It is the world's 2nd largest gravity dam after Grand Coulee dam of The USA and has world's 3rd largest spillway discharge capacity.

The statue of Sardar Vallabhbhai Patel which is under construction will be known as "Statue of unity" which is going to be 183 feet tall and will be the tallest statue of the world. The statue will be made of pure iron to match up with the "Iron man" as he was famously known as.

When you are with your best friends and you get to visit a place like this the only thing you need is your rucksack without any second thoughts.

Editorial Board

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Views and Thoughts are of Authors, and not of Prashaman



FACE 2 FACE

Result of Uni Exams of MBBS-I was declared on 8th September. Topper of BJ Medical College Shivani Jani talks with Prashaman candidly. She secured 2nd Rank in Gujarat University with 487 marks out of 600.

Prashaman: First of all, Congratulations Shivani!

SJ:- Thank You..!

Prashaman: What was your first reaction on finding out your result?

SJ:- Combined feeling! Bit sad as lost the 1st position but on the other hand I was equally happy to be on the 2nd position..! My parents were even happier which made me feel so proud and happy..!

Prashaman: How did you plan your studies?

SJ:- Actually I didn't have such planning as it was a completely new college at atmosphere but yes, I used to learn anatomy daily and couldn't focus on rest of subjects. Later on when the exams were on the head, I 'Almost' completed my syllabus till uni. Exams.

Prashaman: First year in college, new environment and medical studies, how did you maintain your concentration and focus dealing with all these at the same time?

SJ:- Indeed it was a totally new environment.. As I am from 'Gujarati' medium, it was too difficult to understand those basic things you already know but in an entire different language.. Later on I just got used to it, managed to make new friends which also boosted up my confidence and I survived..

Prashaman: At times, you must have felt struck or frustrated. How did you manage them?

SJ:- As I mentioned I had studied in guj. medium throughout. So whenever, in the initial stage, especially in physio and biochem, ma'am asked anything, even the basics, I was not able to answer, which was the worst part. Ma'am must have thought once that she is 12th merit 1st, still doesn't know any answers.. So it was actually frustrating..!

Prashaman: Was being a doctor a childhood dream or was it a calculated dream?

SJ:- Actually I belong to a doctor family as both of my parents are doctors. So from the childhood only, I wanted to be a doctor, no second thought..!

Prashaman: Do you think exam-oriented study is enough? Or extensive study is something that makes difference?

SJ:- Till 12th, I just studied to get Rank, which was a bit exam oriented. But.. Medical is a field in which you have to deal with the patient's life. So if you have studied only for exams, you can definitely score well, but it won't be helpful practically.. So extensive studies are also important in the profession which is not a mere profession, but the only hope after the Almighty for people.

Prashaman: You must have had perceptions when you joined this institute, How do you see yourself as a Brite now?

SJ:- B.J. Medical college.. Only the name is enough. I mean...any student of Gujarat or even from other states would want to take admission here.. And when I joined it, it was like a 'Dream come true' moment.. Even now, I am very proud to be a Brite.

Prashaman: Have you chalked out your path on this profession of medical?

SJ:- Right now I am focusing only on MBBS as it is so difficult and time consuming that I can't think about anything else. But yes, I have certain plans for my future, as Anatomy is my favourite, I want to pursue MS and be the best surgeon..! Hopes are high..!!

Prashaman: Being a doctor is a goal that will certainly be fulfilled. But what is the aim of your life? What do you imagine about yourself after 30 years?

SJ:- Aim of my life... Being the best surgeon of my city, that's it. Even after 30 years, I want to see myself still practising and saving as many lives as I can.. I want to see myself in the position where my parents are proud of me and I am satisfied with whatever I have achieved in my life.

Prashaman: Thank you..!!

SJ:- My pleasure!!

CAMPUS LIVE

• Result of 1st M.B.B.S exam of Gujarat University held in July 2015 was declared on 8th September 2016. The toppers of our college are : Shivani Jani - 1st (487/600), Tushar Teraiya - 2nd (482/600), Jahanvi Chaudhary - 2nd (482/600) and Aditi Govil - 3rd (480/600).....congrats to all who passed this exam.

• The state level round of World Health Day quiz on Diabetes theme was organized at GMERS - sola on 9th September 2016. BJMC team was represented by Anjali Shah, Yash Shah, Sulay Shah (3rd/1st) ..

• The orientation programme for newly admitted 1st M.B.B.S. students will be held on 19th September 2016 at Auditorium of College.

• For prevention of dengue/ Malaria / Swine Flu etc. students are requested to take appropriate preventive measures suggested by Authority. Please contact immediately at Emergency Medicine Department for symptoms of such diseases.

• Ragging is prohibited as per the law. Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher whom he/she knows in case of any difficulties. You may contact teachers who are members of Anti-Ragging Committee of B.J. Medical College, Ahmedabad for the same.

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DESIGNED BY
Jenil Thakkar
(2nd Due)