

Hats off 2 U Dec I

"Mukam Karoti Vachalam" Science from silence to sound.

-Rutvi Pandya, 2nd/2nd MBBS

Untill we humans lose or witness the loss of something we possess, we fail to realise the importance of it. This attitude begins with neglect towards the most precious gift to us - OUR SENSES.

A little girl named Shanti was "silently" born into this world of chaos. Fate was about to tell a non conventional story through her life. She would not startle at loud noises, turn eyes towards the source of familiar sounds, notice rattles and other sound making toys or make babbling sounds. Her parents suspected something was wrong and consulted the doctor when Shanti was about two years old. She was diagnosed with congenital hearing loss and referred to ENT Department, CHA.

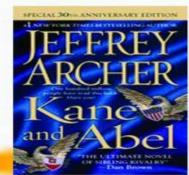
A surgery was planned and a cochlear implant was placed. A cochlear implant works as an artificial ear. It consists of a microphone, a speech processor and a transmitter externally, a receiver and an electrode internally. Within a few years of this successful surgery, she could hear and learnt how to speak. She even started going to a normal school. Finally she got the equality that nature had denied her.

Had this same scenario happened 15 years back, none of these interventions would have been practically possible. Thanks to the persistent efforts and dedication of the ENT Department, CHA, these amenities are available in India. It all started off in 2004 as the "BJMC-CHIP", CHIP: Cochlear and Hearing Implant Programme. Starting from creating awareness regarding how to deal with a deaf child, how deafness is not a finality, what interventions are possible and how, to helping at every step in the rehabilitation of a treated patient. No one can deny the fact that cochlear implant surgery is one of the costliest surgeries performed in medical science. Hence, funding proves to be a limitation. The ENT Department collaborated and affiliated with various NGOs whilst continuously trying to convince the government for funds. The department believed in the dictum "Sarkar nahi to Sahkar". Finally "Sarkar" gave its "Sahkar" in December 2013. Till date, the government has funded 230 such cochlear implant surgeries under the "School Health Programme" scheme. Words cannot describe the journey from 'Silence' to 'Sound'. The ENT Department, CHA, led efficiently by Dr. Rajesh Vishwakarma, has left no stone unturned to make this im-

(Courtesy: ENT Department, Civil Hospital, Ahmedabad)

possible feat possible. HATS OFF TO YOU DOC!!

DISSECTION



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Book: Kane and Abel **Author: Jeffrey Archer**



Reviewer: Dhruvi Shah (2nd/2nd)

The book follows the story of William Kane and Abel Rosnowski who are born on the same day yet opposite parts of the world- William to a rich, illustrious family in Boston and Abel to a poor penniless trapper family in Poland. The only thing common between them is their zeal to be suc-

The story spans over 60 years from Europe to America. The book gives a glimpse into their lives alternately. William's father dies an unfortunate death in the Titanic and inherits the legacy of the family bank. Abel sees himself travelling from Poland to America with a near death experience in Turkey. He initially works as a waiter and then goes on to become the owner of a well-known chain of hotels.

It traces their journey to how ruthlessly they build their empires, their problems and their ivalries. It is interesting to note how their paths cross once to help each other and then to destroy each other to prove their superiority.

MEDI-SKETCH

JUNE 2016 ---- VOL:06 ---- ISSUE:01



Prashaman Team 2015-16: (Sitting) from left to right: Tapish, Akhil, Jenil, Simran, Rutvi, Sapna, Shalini (standing) from left to right: Deep, Parth, Bushra, Parita, Gresha, Priyangi, Prashant, Utkarsh

StethoSpeaks By: Akhil Nagrani (2nd/2nd)

3rd June 2016.A day that will remain in the hearts of all Bjites of 2014 batch. The annual cultural fest of the college had come to an end leaving behind a bundle of memories to cherish forever. It was just 3 months back, when this entire batch came together to organise an event, that none of them knew would leave such a great impact on their lives.

Come the month of March and there were questions all around: How?When?Events?Sposnorship? And thus began a journey into this new world of Organising and Managing From initial meetings in Badminton Court after college to regular meetings in morning and evening, the transition was smooth.Interactions with Seniors, the all new task of going for Sponsorship, Talking to people, Explaining them, Convincing them and collecting the money was challenging.

And soon it was time for action. The dates were officially announced. Committees were formed, Events decided, Posters printed and plans made which were to be executed! This Pre-Event Management also included Spreading the message, inviting dignitaries, judges and seniors. Come the day of Event and you could see determination everywhere. A sense of positivity and self confidence to make BJ Beats 2016 the best of all.

The On Stage Management was not simple either. From entertaining the audience to inviting the judge everything was done with precision and utmost sincerity.

This reminds me of those school days, where all the skills we learnt were finally put to use. Time flew by!

The best part however was working with a new set of people. When different minds come together they can work wonders! Not only does it teach you teamwork and it also keeps you calm under tensed situations. Looking at it today, it makes me happy and proud that this event has given me a "Treasure Full of Memories and An Experience, that was worth it"

Face 2 Face

Prashaman is completing five years of its publication. It requires discipline and dedication to work as team for this wall magazine. Here are some experience of our past editors.

...Little did I realise, how it became my 'Passion' and later an 'Obsession'. PRASHAMAN gets published every 16th of the month. So, every 15th of the month would become a roller coaster ride for our entire team. The Brainstorming sessions would begin 10 days before, where the team would discuss the design and also select and edit the articles to be published. But balancing it with the college lectures and other activities, it'd always be a challenge....As an editor, the challenge for me would be to edit, add - subtract - modify without jeopardising the originaltity of the creator. There had been times when I had to edit the same article 5 times in a single night....a big thank you to Dhwani, Shreya, Bhavik and Preet for being amazing team mates. Not just the literary world, PRASHAMAN has taught me many life lessons and I have grown not just as a writer and editor but also as a human with it. I will always cherish my

PRASHAMAN days!!! -Dr·Shruti Goel (R -1 Radiotherapy) It was good time to be a part of creativity other than study. I used to make ca.toon for prashman and I felt satisfied making others laughing and relaxing. I still miss those days of Making Cartoons every month. -Keval Patel (3rd/final)

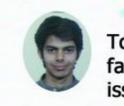
Being a cartoonist was such a great feeling to just draw down your ideas every month.A new topic to make people laugh or to spread awareness in a colorful way, its ike your hobby. Its amazing how prashman gives a background to art and ideas for medicos. It keeps the art alive in us inspite of the busy schedules we have! upur Jain (Intern Doctor)

The feeling that you are part of college's magazine was great. I was the designer of Prashman. It felt so good to design That. Really it was a experience you can't afford to delete from your mind. -Yash Oza (3rd / final) Very nice experience. It's really amazing magazine which provides platform to

express your skills and ideas. I used to work for column "Hats off to you doc." Which gave me a nice experience in writing stories. Also increased my contacts and -Pinal Pipaliya (Intern Doctor) communication skills.

Congratulations

to



It was really an fantastic experience. Prashman taught me so many things. To work within the particular time period, to talk with dignitaries. I worked for "face to face" column. Gave me opportunity to take interviews of various people and various issues. Really Prashman took me a step near to the World of ideas and creativities.

-Shivam Kotak (Intern Doctor) Prashaman - the word itself suggests tranquility! I was fascinated by

Prashaman since first year and after getting through the interview, I was overjoyed to be selected as an editor of our wall magazine because I was carrying forward my father's legacy, who, too, was the editor of Annual magazine "Shreyam" in 1989. My experience as an editor of Prashaman is ever-lasting. It has taught me the importance of communication, advertisement, knowledge, literature, art, humanity, hardwork, punctuality, acknowledgements, information, technology, friendships, team efforts, and how not to overlook minor details. I got opportunities to interview some of our esteemed teachers and came into contact with a lot of students through Prashaman. An identity, as an editor of Prashaman, will always remain one of the highlights of my college days, a memory that will be cherished forever.



-Dhruti Pandya (3rd / Final) I was one of the editors of Inagural edition of Prashman. The idea of Initating the Wall magazine has reached too far now.Prashman has gone through a lot of transition in last 5 years. But happy to see that Its main Motto is all the same. "To take the creativity out of Medicoz" -Dr. Shrikant Dhanani(R-2, Orthopedic)

-Dr. Manas Vaishnav (R-2, Medicine)

Still remember those days, 5 years back when we started this wall magazine.Right from choosing name,tag line, column names,composing in photoshop and to get final print out, we've done everything and enjoyed a lot. From day1, Prashaman has evolved in every aspect. It is moment of enormous proud to see your BRAINCHILD completing 5 years with bright success and giving opportunities to creative minds of BJMC.

CAMPUS LIVE

- BJ BEATS 2016 was a grand success and received active participation from students and faculty.
- Blood Donation Camp was organized by Blood Bank, Civil Hospital Ahmedabad on World Blood Donor Day (14th June 2016).
- We wish all the best to students appearing in University Exams in July 2016.
- For prevention of Dengue / Malaria / Swine Flu etc, students are requested to take appropriate preventive measures suggested by Authority. Please contact immediately at Emergency Medicine Department for symptoms of such diseases...
- Ragging is prohibited as per the law. Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher whom he or she knows in case of any difficulties. You may contact teachers who are members of Anti-Ragging Committee of B.J.Medical College, Ahmedabad for the same.



Editorial Board

Hemaxi Chaudhary, Krupal Chaudhary (III part I) Bushra Jahan, Deep Patil, Parita Bhalodia, Parth Dave, Utkarsh Lekhadia,

Prashant Parmar, Priyangi Patel (II year) Akhil Nagrani, Jenil Thakkar, Shalini Singh, Simran Lakhani, Tapish Dadlani

Views and Thoughts are of Authors, and not of Prashaman

Hi-5

With the University Exams of First Year students just around the corner, the eminent toppers of the Senior batch have come together with the following tips that might help the students ace their first University exams.

1) The day before the exam...

Thoroughly revise as many topics as you can and focus on the important topics first. Make sure you fully understand the directions to your exam centre. Adequate sleep of 6 - 7 hours is an absolute must. Avoid having junk and street food during the exam days.

2) The day of the exam...

Do not forget to carry your hall ticket to the exam. A watch will be really helpful to manage your time during the exam. You should be carrying all the stationary you will be needing during the exam. Take a light meal to avoid lethargy during the exam. Leave for the exam centre well in advance to reach at least 30 mins before the exam starts.

3) During the exam...

Read the question paper thoroughly and choose the questions you want to attempt first. Do not start haphazardly. Manage your time well and allot fixed time to the questions. To-the-point answers are preferred over lengthy ones. An answer is incomplete without a diagram in Anatomy and flowcharts and cycles save a lot of time in Physiology and Biochemistry.

Practical exams...

Attending the practical revision in the different centres will help familiarize you with the different specimens of their department. Spruce yourself up: have neatly combed hair, shave, dress up properly and carry a clean, white and ironed apron. Be confident while answering during the viva and try steering your viva towards the topics you are more familiar with.

5) Don't stress out! The University exams are much simpler than the Internal exams. If you have worked hard and studied well, you definitely will pass with flying colours. And if your Paper 1 doesn't go well, you don't have to worry as you have Paper 2 to make up for it. The viva revolves around basic concepts and one can score very well with much ease.

We wish you the very best for your exams!

TRAVELER-X By: Vimal Sangam (2nd/2nd)

'THAILAND' I recently visited Bangkok and Pattaya City in Thailand and the

experience I had in these two charming cities is worthy of being shared. Thailand, officially the Kingdom of Thailand, is purely a traveller's delight. Royalty and simplicity have been so intricately intertwined amidst ancient Buddhist temples, magnificent palaces and tropical beaches that one is often at a loss of words.

We visited the city of Pattaya first. Known for its exotic seafood and notorious nightlife, Pattaya has two beautiful beaches, Jomtien beach and Pattaya beach where the adventurous water sports like parasailing, paragliding, scuba diving, and snorkeling among others are the major tourist attractions. I took a day trip to the Koh Larn island, translating precisely to 'Coral Island' which is about 70 miles from Pattaya and

boasts of six gorgeous islands decorated with colourful corals and curious creatures of the ocean. Ta Waen beach is one of the more popular beaches among tourists where underwater sports are a highlight.Bangkok, the capital city of Thailand, is an ultra modern concrete jungle which is considered to be one of the top shopping escapades in the world. The sprawling metropolis celebrates Buddhism in the form of ornate shrines and temples like the Wat Phra, Wat Arun and the Sanctuary of Truth among others. The Safari World, Siam's

Bangkok as they boast of an exciting experience with wild beasts and strange sea animals. A pleasant night cruise along the Chao Phrya river is a choice that many tourists make. I loved the authentic Thai delicacies, traditional folk dances and pumping Thai music that made the cruise an insight into the wonderful culture that is the hearthrob of

Ocean World and Marine Park are one of the best places to be in

Thailand. With exquisite markets, architectural marvels and breath taking landscapes, Thailand is unarguably one of the finest countries in Southeast Asia and surely a tourist's thrill.



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World Blood Donor Day (June 14)

BEATS'16

Organizing Team

DESIGNED BY:

Jenil Thakkar (2nd 2nd)