



### Hats off 2 U Doc! Anand

( Sapna Mittal - 2nd / 2nd )

"One more month to go! And then, my entire world would light up with the smile of my young one", thought Meenaben to herself. Desperate as she was waiting for her baby, she had cherished every moment of the past eight months. Every kick, every ultrasound, even the colics, the meds, the painful injections... everything was perfectly etched in her memory. In the blink of an eye, the ninth month too passed. Seeing her writhing in pain, her husband Kamleshbhai rushed her to a private nursing facility in Bhavnagar. It was a smooth full term normal delivery. Finally, anxiety and anticipation came to an end; only to be replaced by fear and shock!

What the parents and the doctors witnessed that day had been reported only twice before in the world literature. The baby boy was born with three upper limbs- two on the left side with multiple fingers and a deformed right foot.

The shock wore off leaving a thousand questions in the minds of the parents. "What could have gone wrong? Why my child? Why would fate bring such a day? What would be his future?" People opined differently, some said, "It's a miracle! He is a wonder child." Some others said, "It's a curse! He is suffering from the sins of his past lives."

When our mind, our society, our religion all fails to give us an answer, we resort to Science. The very next day, Kamleshbhai and Meenaben took their son to Bhavnagar Civil Hospital. Doctors there diagnosed him to be suffering from a rare anomaly 'Polymelia'. They referred him to Civil Hospital, Ahmedabad. He was admitted to the Pediatric Surgery Department. The baby boy underwent investigations in the form of digital X-ray, USG, ECG and CT angiography. One of the two limbs on the left side was functional. In addition to the extra limb, baby was also found to have other anomalies viz. left undescended testis, absent left kidney and right club foot. Surgery to amputate the non functional limb was planned. It went smoothly. Post operative recovery was uneventful. The baby was discharged a week later. Had the parents abandoned the child or surrendered to believing him to be a curse, the child would have suffered endlessly. It is indeed due to the proper diagnosis and immediate action that he could be given a chance to live a normal life. The modern investigative modalities and instruments available at CHA and the surgical expertise of our doctors enabled this miracle to happen. The child was treated free of cost.

His parents believed it to be by God's grace that he had entered their lives. He was an embodiment of God's belief in them. As he brought pleasure to their lives, they named him

### DISSECTION

Book: Kane and Abel

Author: Jeffrey Archer

Reviewer: Dhruvi Shah (2nd/2nd)

The book follows the story of William Kane and Abel Rosnowski who are born on the same day yet opposite parts of the world- William to a rich, illustrious family in Boston and Abel to a poor penniless trapper family in Poland. The only thing common between them is their zeal to be successful.

The story spans over 60 years from Europe to America. The book gives a glimpse into their lives alternately. William's father dies an unfortunate death in the Titanic and inherits the legacy of the family bank. Abel sees himself travelling from Poland to America with a near death experience in Turkey. He initially works as a waiter and then goes on to become the owner of a well-known chain of hotels.

It traces their journey to how ruthlessly they build their empires, their problems and their

### Face 2 Face

What do you expect from BJ Beats – 16 ?

I am expecting it to be well organized, with good time management. Also, expecting it to rock with the music if Sachin Jigar. Looking forward to attend all the other cultural events with some awesome performances.

Dr. Vishal (R-3 Surgery )

I expect Novelty!! Looking at the way the preparations are going on, I am pretty sure that this time BJ Beats is going to be "fresh" - the "newness" of organising batch seems very intimidating. Different from the conventional events! Highly anticipated in the Sachin-Jigar concert, it's going to be one of its kind in the history of BJ Beats! I wish all the good luck to the organising batch of 2014!!

Dhruvi Pandya (3rd Final)

BJ Beats comes every year with a sense of great enthusiasm, fun and frolic as well! This year too, I expect BJ Beats to be as grand as ever, rather grander than before! I am happy to see the organising batch working hard and it has given me immense joy along with great responsibility to guide them through this event! I am excited for the upcoming days!

Yash Oza (3rd Final)

BJ Beats is the most awaited time of the year as it brings with it so much of fun & thrill...! This year the fest seems a little different with the most exquisite & unique ideas being implemented by the organisers in the best possible way. ! The extreme hard work of the juniors that too in this scorching heat..will surely reflect as all the events seem very interesting..! And obviously can't wait for the extravagant night events...!!

Surbhi Naik (3rd Final)

BJ Beats has always been an enchanting experience full of liveliness, colours, fun, frolic and entertainment. Whenever we hear of it, our heart stops...but BEATS STILL BEATS....

BJ Beats 2k16 seems to be a very innovative setup for me and I am really looking forward to the creativity of juniors that might be witnessed in the upcoming days.....

To make the long stuff short, just add as much uniqueness to it as possible, since, the novelty is always appreciated and cherished. ...

Good luck...and awaiting a blast...

### Stethospeaks

#### First Year of Friendship

Adit Sanjiv Kamodia (1st year MBBS)

I knew this day will come soon. The day when I need to sit down and sum up the first year I spent in this college. I still cannot believe how fast time flew by. There have been many memorable days for me the past year. This one year has connected me to this college in a way I never thought would be possible. I still remember my very first day at college - in the auditorium. I still remember how new and foreign everything was to me. But this seems ages ago. Because this is not a foreign place to me anymore; it's a home. The past one year was also a good opportunity to get to know many new people. Some I got to know very well, some only a little. Even though it has only been a year, some of you have gotten to know me very well.

It was a great experience being here. How time changes and how life keeps on moving without a pause amazes me. People come, people go; we laugh, we cry; some really low moments, some really high. Life is so beautiful in its own way. This year of my life was a really good experience. And the various crests and troughs of life have taught me a lot. I can sense the changes in me. I met some really great people along the way. I met many who contributed to my life in one way or the other. I was encouraged, appreciated, criticized and discouraged from time to time; but it always added towards my learning and helped me learn and become better with every step. It's very difficult to find people outside of your family whom you can expect to be there for you in tough times. And I am one lucky person to have met such people along every turn of the way.

Thank you everyone for accepting me right from the first minute I arrived here. I really enjoyed every day I came to college. Especially my friends who, even though freaked me out sometimes, filled my heart with joy most of the times. I came here amidst strangers but ended the year on a high in the company of such good friends. Now I understand why they say that the friends you make in college will remain your friends for life as I've met the best people here. I've learned that your college friends become kind of like your family: you can eat together; you can take naps together; fight, laugh, cry, and do absolutely nothing together until you can't remember how you ever lived your life without them in the first place.

But this is still not the end. We have many more years with each other and we will make the most of this college life because this is the life we are going to miss. We will be facing our final examinations in July. We ought to work hard and get through it with fine scores. So I would like to end this article by wishing everybody all the best!

### TRAVELER-X

By: Yash Shah (2nd/2nd )

Malaysia- truly Asia!!

One of the most beautiful countries of Southeast Asia with tropical rainforests lush-green highlands, mesmerizing beaches and of course sky-touching PETRONAS!!

A 15 days trip is all you need to explore this beautiful country. Kuala Lumpur, the capital city is the home to the world famous PETRONAS and KL tower. One should definitely have the city view from the 86th floor of PETRONAS, truly breath-taking! And yes, for our daredevils, there's bungee jump too from the top of KL towers! Genting highlands have indoor and outdoor theme parks with exciting rides and roller coasters. A 2 day trip is a must especially for youngster. Langkawi: city of beautiful beaches

Don't think twice, just pack your bags, book a villa or a hotel and enjoy the scenic beauty.

The city also has one of the best and cheapest scuba and snorkeling places that no one should miss!

Teman nagara, a small town in the middle of the heavenly tropical rainforest of Malaysia has a beautiful small trek beneath the canopy. Although with no major wildlife, there are various insects, reptiles that I'm sure you wouldn't have heard of. Cameron highlands and Mt. Kinabalu, which is the highest mountain of Malaysia, are other places which attract tourists around the world.

Truly Asia isn't it?

A perfect place for a family trip, I suggest that everyone should at least go there once in their lives!!

### Campus Live

- IAPSM Diabetes Quiz was organized on 7th April 2016 in the auditorium. Team comprising of Anjali Shah, Sulay Shah, Yash Shah (3rd 1st) have made it to the next level.

Congratulations to them and wishing them all the best for the next round!

- I for U, an NGO run by students of BJMC A'bad, celebrated its foundation day on 21st April 2016 in Auditorium. Mr Kirit Dalvi, Mr Kamal Parmar and Late Dr Kadam were felicitated on the occasion taking into consideration their exemplary and immense contribution to the society.
- Student are back from their 15 days vacation.....
- The College will be celebrating its Annual Cultural Fest BJ Beats from 30th May-2nd June.

The musical duo of Sachin-Jigar will be performing on 31st May in the BJMC College Ground! Sports events are kick starting from 18th May.

All are cordially invited to attend the same!

- For prevention of Dengue / Malaria / Swine Flu etc, students are requested to take appropriate preventive measures suggested by Authority. Please contact immediately at Emergency Medicine Department for symptoms of such diseases...
- Ragging is prohibited as per the law. Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher whom he or she knows in case of any difficulties. You may contact teachers who are members of Anti-Ragging Committee of B.J. Medical College, Ahmedabad for the same.

### SEND YOUR CREATIVITY

to us via **DROP BOX**

near reading room

OR [prashaman.bjmc@gmail.com](mailto:prashaman.bjmc@gmail.com)

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### MURMUR

Note : This poem is based on real incidence occurred last year in which a resident doctor died due to dengue who was intubated by his near & dear one.

#### INTUBATED

( Dr.Dhruv Baru - 1st year Resident - Surgery )

One Friday eve, when the Sun was about to go down,  
All patients rested; happy and calm.  
A sudden thrust broke the solitude of my time,  
While I laid still thinking everybody is quite fine.

He was rushed, pushed, brought in fast,  
His eyes red and bulging, saying his breath won't last.  
It appeared he was one of many who come and go,  
With a flash my heart spoke, "I knew him long ago!"

His gasp for breath, hunger for air,  
I geared up for the utmost care.  
Tears in eyes; fear through my throat,  
I shivered to keep his life afloat.

I never knew my heart would hurt so foul,  
I sensed his pulse; a thunder struck my soul.  
In my hands was his life at stake,  
At that moment, I felt everything around was fake.

"Intubate!" was somebody's shout,  
In life's ring he was fighting his final bout.  
Eyes blind, skin senseless, touch so cold and breath so hot,  
A voice hit my head, "'Doctor's duty', you are bound to sort."

Consciousness regained, sense assembled; my hands I made firm,  
Tube was in, I confirmed.  
For a moment I felt life was given,  
Maybe, just maybe, my sins were forgiven.

But it was a moment of peace before the storm,  
As suddenly the air was broken of all its calm.  
Instinctively, he feared and held me tight,  
Tears rolled down at the blissful sight.

I knew now, his end was near,  
I wanted him to leave, without Death's fear.  
Everyone around shouted; feared as his eyes laid open,  
With my fingers his eyes I calmed; I closed.

A devil's voice sneered at me, "You killed him. You did nothing."  
My aching heart replied, "I did something."

#### "I INTUBATED"

To help him live fearless.

To help him die fearless.

To help him be remembered endlessly; and fearless.

First breath of yours feared by near ones,  
Last breath feared by yourself.

### Something Quoted

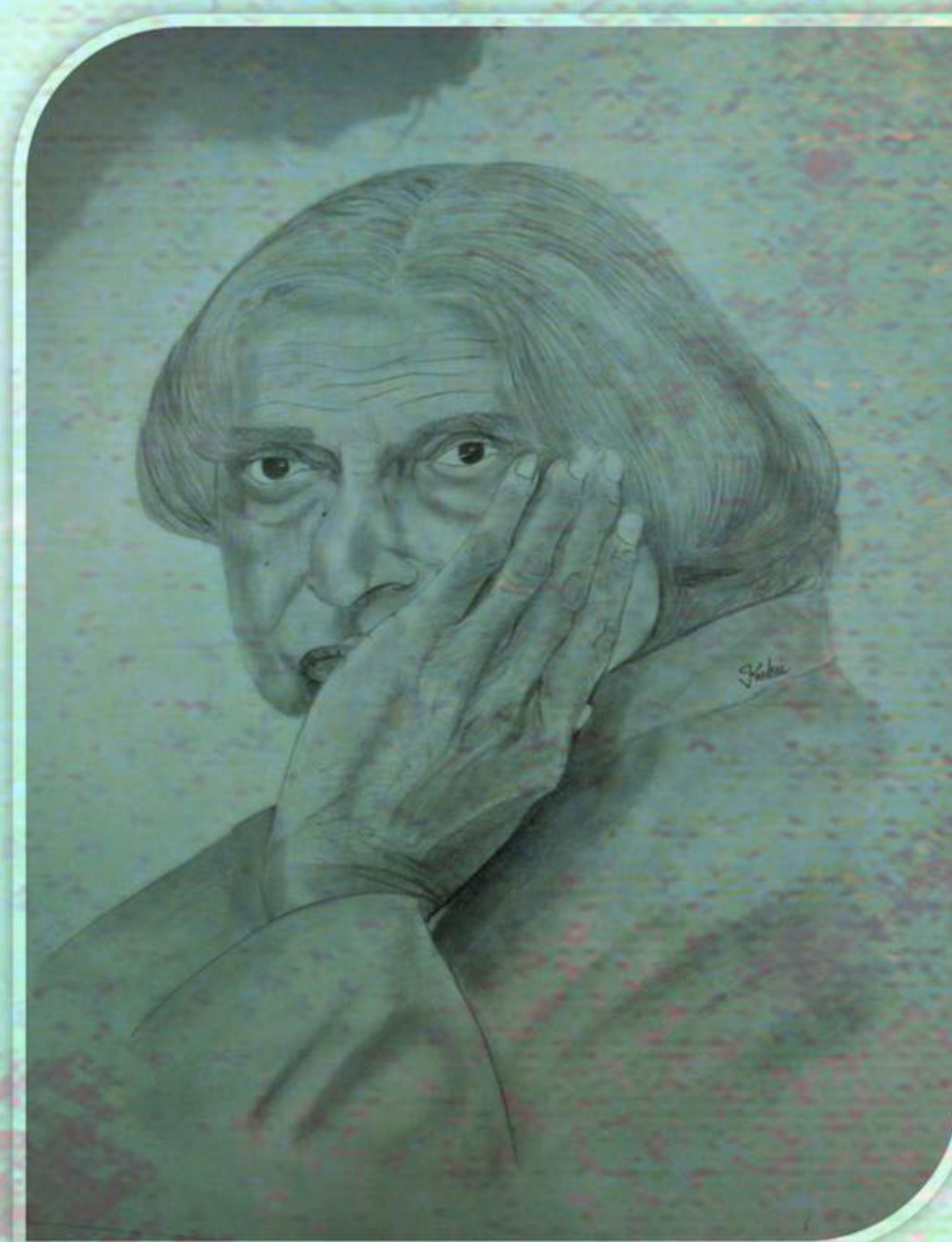


*"You must learn to be still in the midst of activity and to be vibrantly alive in repose."*

Indira Gandhi

### Medi -sketch

By krutika ganvit (2nd due)



*"A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty."*

- Winston Churchill

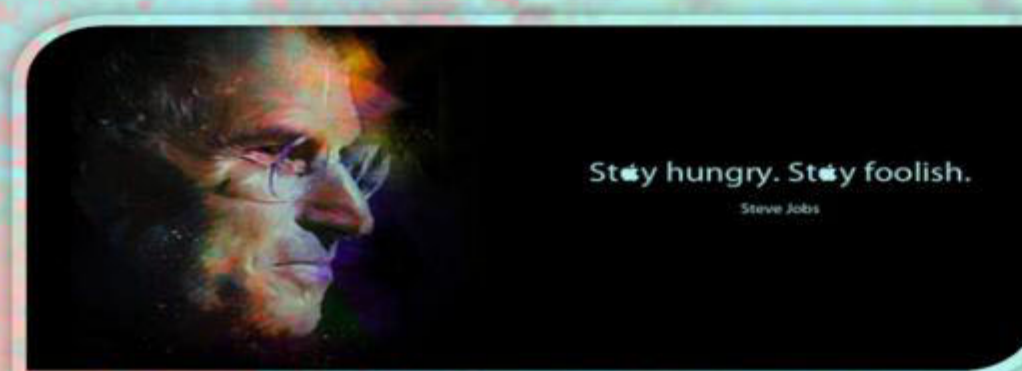


**HAPPINESS DOES NOT DEPEND ON WHAT YOU HAVE OR WHO YOU ARE. IT SOLELY RELIES ON WHAT YOU THINK.**

- Buddha

### Swami Vivekananda

*"You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul."*



Stay hungry. Stay foolish.



1% inspiration

99% perspiration

Thomas Edison

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The Three  
of life



DESIGNED BY :

DEEP PATIL (III/I)

life will never change