

# PRASHAMAN

BJMC MONTHLY WALL MAGAZINE

## MEDISKETCH

(Pic Courtesy: Hardik Chaudhari-2nd due)



કોરોના સ્કેચ દ્વારા પ્રાપ્ત થયેલો “ નેશનલ કોન્કરન્સ ” દરમિયાન બી.જી.મેડિકલ કોલેજનો સફળતા નવોસાથી સફર પછા ગિતરે તેવો નસી...!!

## Art-O-Graphy

1 ARTIST Dr. DhimantVijay – Medical Intern

2 ART Photography, Dancing

3 ACHIEVEMENTS No great achievements as such but yeah, I have got the opportunity to display my pictures at many exhibitions. The biggest achievement of my life is those happy and surprised faces of my friends when they see their pictures captured in a beautiful manner. Actually I do photography because I love to!!

4 ABOUT HIS/HER ART The journey began with capturing photos in others cameras during initial days but then in 1st year I became the possessor of Nokia E7 and I used it completely to expert my hands at focusing and blurring. Then the next possession was Digicam my next step to photography. The turning point of my life was the day when I happened to be on a walk with my uncle who happens to be a photographer, we captured good number of beautiful snaps that day .This day made me realize that even I can present pictures in my version of any frame, for that I always used my own imagination, thought and the angle of frame. These things have played great role in improving my hobby.

5 ABOUT TIME SPARING FOR ART Whenever I see an interesting frame or subject I instantly click with my cell phone or any camera that I have with me. And many times one of my friend JK and I have arranged experiments with different lights and exposures and with different people (hostel friends) in our hostel room and terrace.

6 ABOUT HIS INSPIRATION FOR ART "Photographs" from fellow photographers and community

7 ADVICE TO FRIENDS Make sure the burden of books never lets you kill your passion. Even if you have interest in tinniest of the thing let yourself grow and expert on it. This is the time my friends!!



## Face to Face

2nd / 1st term is treated as “Golden Term” by students in M.B.B.S.course. Not only because students get plenty of time to spend in their hobbies, but also because the real learning starts here. When students buried under the piles of books of 1st year raise their heads out in 2nd year, they get to see the whole new world in hospital and in community during their clinical posting and community posting respectively. Prashaman asked 2nd / 1st year students to share their experience of postings in various departments.



... Besides the fundamental thing taught here- The art of history taking; the most fascinating experience here was to go to O.T. and witnessing the live operation. Surgery ward posting has broadened my knowledge in the field of Surgery. It was such a fabulous experience that I can't wait of completing MBBS and indulging myself in this field.  
o -Himanshu Ramchandani (Surgery)



As I entered the surgery ward I found myself filled with inquisitive enthusiasm. Taking case histories, getting to study a person rather than pages of a book, feel the wounds rather than build up an imaginary picture, witnessing the beating heart for real, clad in those green scrubs and caps in the OT sessions have ignited the dying out flame within me once again. It's an altogether different joy to have your patients look up to you, to grant someone a new life, to make someone smile, to be a doctor.  
o -Seema Meena(Surgery)



“The mind does not know what the eyes do not see.” Getting to attend these postings was an awesome experience of interacting with the community and exploring knowledge out of the box. Be it the mental hospital or the TB visit, I will always be able to recall and relate better having experienced these things practically. All in all, “fun with learning” is how I would describe my community medicine field visits this year.  
o -Swati Gupta(Community Posting)



That amputated leg in Surgery ward was really terrible. It made me take a deep breathe as well as thought of what I have to do in future. But Then I felt the pain of the patient and my responsibility too, which made me busy in my work- “serve people”. And that amputated leg will be my inspiration, until I become a surgeon, until my hands deny to even move, until I take the last breath as a doctor.  
o -Sumit Saboo(Surgery)



... We were taught how to elicit a proper history from the patient and were explained how not only is the advancement of the disease is important but the particulars of the patient, including seemingly irrelevant details like residence, hold weightage in concluding the diagnosis of the disease. For the first time we witnessed the agony of the patients and the perseverance of the doctors in treating the patients and were instilled with a sense of pride of the path we have undertaken.  
o -Urvi Bhakharia(Surgery)



...Community Medicine encompasses a wide variety of fields which range from study and prevention of epidemic diseases to development of the society at the fundamental level. The most engaging act was the visit to an underprivileged area and studying the conditions they live in and focusing on their amelioration by bringing into their notice the assorted schemes the government has provided to aid the needy. Besides treating a single patient. The essential notion of “Prevention is better than cure” has been instilled into me during this posting.  
o -Dhimant Marviya (Community Posting)



... On the very first day we saw a normal delivery!! Coming from first year where everything is bookish, here we witnessed the actual physiological process, which left me spellbound. Secondly, witnessing for the first time a surgical procedure in Operation Theatre(Hysterectomy) also made me aware of the fact that it isn't always about how stable your hand is! It's also about great concentration and patience to perform a surgery.  
o -Hiiteshwari Patel (Gyanec)



...it was tough initially to adapt to the new place, the smell of chemicals and sufferings of patients made me feel odd! But slowly with time passing by, senior teachers teaching every single bit of art of history taking and interacting with patients; My interest in this subject developed. And I would definitely look forward and try to get into this branch for Higher Studies.  
o -Parth Pandya(Medicine)



... It taught me that being doctor is not all about Surgeries and Drugs only; You have to learn to be tender too. Seeing those cute children, suffering from Terrible diseases made me so upset. They even didn't know what had happened to them. I was so delighted to see the residents working constantly all day long. Dealing with the cries of children and curing them isn't a small thing and It has ignited the desire of being the pediatrician in me.  
o -Kevval Vora(Pediatrics)



... We were too excited to attend the wards and experience what exactly we will be doing as doctor after some years. Under the guidance of senior doctors, we learnt the basics of clinical practice like history taking, communicating with the patients, examinations etc. I realized that not only the skills are important in clinics, but also you have to fill yourself with infinite knowledge too.  
o -Pathik Patel (Medicine)

## CAMPUS LIVE

•Chief Minister of Gujarat Shrimati Anandiben Patel inaugurated the NEW TRAUMA CENTRE on December 22nd 2015. The new trauma center has been set up at a cost of Rs 125 crore. It has 362 beds, 50 Intensive Care Unit (ICU) beds. A 6 storey center, it has facility for landing of air ambulance on its terrace.  
•Students of 2nd/1st celebrated Fun week from 28th December 2015 to 1st January 2016.  
•“Forensic Medicon 2016” a three day national annual conference, organized by Indian Academy of Forensic Medicine was held in B.J.Medical College from 8th-10th January 2016. Over 500 doctors from all over India participated in this event, which included 200 paper presentations. Dr.Kalpesh Shah (Professor & Head – F.M.Dept.) elected as President of Indian Academy of Forensic Medicine in this conference.  
•Dr.Soha Ghasura and Dr.Arjun Jakasania, both residents of community medicine, won prizes for presenting research paper in National Conference of Indian Association of Preventive and Social Medicine i.e IAPSMCON-16 at Gandhinagar.  
•For prevention of Dengue / Malaria / Swine Flu etc, students are requested to take appropriate preventive measures suggested by Authority. Please contact immediately at Emergency Medicine Department for symptoms of such diseases...  
•Ragging is prohibited as per the law. Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher whom he or she knows in case of any difficulties. You may contact teachers who are members of Anti-Ragging Committee of B.J.Medical College, Ahmedabad for the same.

## DISSECTION

Album : 25  
Artist : Adele  
Reviewer: Param Dhami (3rd, 1st)

Since Adele's previous release "21" three years ago which had earned her a staggering 6 Grammy Awards, "25" has been the most awaited and anticipated album of this year. In just two weeks, 25 has sold a record smashing 4.49 million copies in the U.S. itself.  
25 opens with “Hello”, the lead single release which resulted in a media outburst no one has ever seen before. Hello indicates return into the industry with a fascinating lead song. 25 is a total of 11 track records which is definitely a “must listen to”.  
Adele has claimed 25 to be a sort of “make up record” which is unlike her past release, 21. She nails each and every beat in all the songs and she can make you feel every moment and every emotion she must have felt with this album. Each lyric is exquisitely furnished to make you step into her shoes and feel the way she does.  
Tracks like “When We Were Young”, “Remedy” and “Water under the Bridge” are romantic ones whereas “All I Ask” (co-written with Bruno Mars) and “Love in the Dark” are soulful punches of her incredible voice.  
In short, once again time to get along with Adele on the journey of her life. Enjoy!

## MURMUR

F.R.I.E.N.D.S  
By: Shruti Dixit (2nd/1st)

The world today an evil place  
starkly devoid of any good grace

who then is our anchor here?  
Family & Friends of course! - A reason to cheer!

Friends - Angels who are true  
mend our broken hearts like glue  
the birthplace of our thoughts  
they have a shrine in our hearts.

Fill our life with a medley of colors  
Bring laughter & joy, sweet as flowers

The ones whose opinion really matter  
Never mind the hours lost in chatter  
Encourage us to push ahead  
Even when our hope is dead

Words ain't enough to say what it means  
To have a true friend; a part of your team

## TRAVELLER-X

By: Priyanshi Gupta  
(2nd/1st)

A trip to Singapore or the "lion city" has a lot in store for adventurous and enthusiastic travelers .The city may not be bestowed with "natural" beauty but the hard work and patience of its people has certainly transformed it into a tourist hub.  
Catch a city bus and end up in ancient rainforests bustling with monkeys and greater racket-tailed drongos, muddy wetlands teeming with lobsters and giant lizards or sleepy farms heaving with bananas, papayas and jackfruit.  
A visit to the Jurong national bird park, the largest one in Asia and the famous Singapore zoo leaves u gaping at exotic species of parrots ,flamingoes and many more .In fact you'll find yourself eye to eye with a polar bear too!  
One can spend an epic day at the resorts world on the Island of Sentosa, key attractions being the Trickeye museum, the S.E.A aquarium, the adventure cove waterpark, the merlion (the national symbol of Singapore), Madame Tassuads museum and also experience water sports like kayaking, surfing, splash, skyrides...the fun never seems to end!  
You also get to live your favorite character for a day! Be it the Jurassic world, the puss in boots fairytales, the transformers for sci-fi lovers or meeting Alex and Marty in the world of Madagascar .The walk through the oxford street in London...at the universal studios theme park.  
For those looking forward to a relaxing evening, the gardens by the bay, a nature park set in the heart of the city offers a breathtaking view of the marina bay skyline and glimpse of the entire city in the Singapore flyer, a giant ferries wheel offering 360 view along the Singapore River in the journey of dreams.  
Apart from these there are several temples and cathedrals worth visiting and spots for shop-aholics to hang out too.No wonder it's on the world's hotlist of destinations.



## CA-TOON

BY - POOJA PANCHAL-2nd YEAR



## SOMETHING QUOTED...

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

Mahatma Gandhi



-Mahatma Gandhi- Father of The Nation  
(October 2, 1869 to January 30, 1948)

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