WALL

MONTHLY

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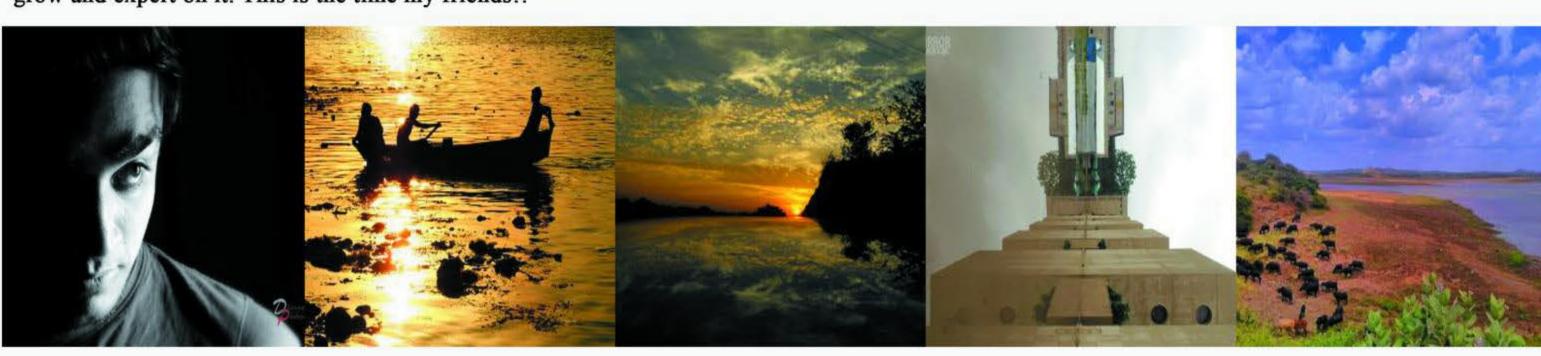
MEDISKETCH (Pic Courtesy: Hardik Chaudhari-2nd due)



કોરેન્સિક મેડિસિન વિભાગની ૩૭મી " નેશનલ કોન્કરન્સ" દરમ્યાન બી.જે.મેડિકલ કોલેજનો શણગાર નવોઢાથી સફેજ પણ ઊતરે તેવો નફતો…!!

Art-O-Graphy

- 1 ARTIST Dr. DhimantVijay Medical Intern
- 2 ART Photography, Dancing
- 3 ACHIEVEMENTS No great achievements as such but yeah, I have got the opportunity to display my pictures at many exhibitions. The biggest achievement of my life is those happy and surprised faces of my friends when they see their pictures captured in a beautiful manner. Actually I do photography because I love to!!
- 4 ABOUT HIS/HER ART The journey began with capturing photos in others cameras during initial days but then in 1st year I became the possessor of Nokia E7 and I used it completely to expert my hands at focusing and blurring. Then the next possession was Digicam my next step to photography. The turning point of my life was the day when I happened to be on a walk with my uncle who happens to be a photographer, we captured good number of beautiful snaps that day. This day made me realize that even I can present pictures in my version of any frame, for that I always used my own imagination, thought and the angle of frame. These things have played great role in improving my hobby.
- 5 ABOUT TIME SPARING FOR ART Whenever I see an interesting frame or subject I instantly click with my cell phone or any camera that I have with me. And many times one of my friend JK and I have arranged experiments with different lights and exposures and with different people (hostel friends) in our hostel room and terrace.
- 6 ABOUT HIS INSPIRATION FOR ART "Photographs" from fellow photographers and community
- 7 ADVICE TO FRIENDS Make sure the burden of books never lets you kill your passion. Even if you have interest in tinniest of the thing let yourself grow and expert on it. This is the time my friends!!



... Besides the fundamental thing taught here- The art of history taking; the most fascinating

experience here was to go to O.T. and witnessing the live operation. Surgery ward posting has

As I entered the surgery ward I found myself filled with inquisitive enthusiasm. Taking case

"The mind does not know what the eyes do not see." Getting to attend these postings was an

these things practically. All in all, "fun with learning" is how I would describe my community

That amputed leg in Surgery ward was really terrible. It made me take a deep breathe as well as

thought of what I have to do in future. But Then I felt the pain of the patient and my responsibility

too, which made me busy in my work- "serve people". And that amputed leg will be my inspiration,

until I become a surgeon, until my hands deny to even move, until I take the last breath as a doctor.

... We were taught how to elicit a proper history from the patient and were explained how not only

is the advancement of the disease is important but the particulars of the patient, including seemingly

irrelevant details like residence, hold weightage in concluding the diagnosis of the disease. For the

first time we witnessed the agony of the patients and the perseverance of the doctors in treating the

of completing MBBS and indulging myself in this field.

o -Himanshu Ramchandani (Surgery)

o -Seema Meena(Surgery)

medicine field visits this year.

o -Sumit Saboo(Surgery)

o -Urvi Bhakharia(Surgery)

o -Swati Gupta(Community Posting)

broadened my knowledge in the field of Surgery. It was such a fabulous experience that I can't wait

histories, getting to study a person rather than pages of a book, feel the wounds rather than build up

an imaginary picture, witnessing the beating heart for real, clad in those green scrubs and caps in the

OT sessions have ignited the dying out flame within me once again. It's an altogether different joy to

have your patients look up to you, to grant someone a new life, to make someone smile, to be a doctor.

awesome experience of interacting with the community and exploring knowledge out of the box. Be it

the mental hospital or the TB visit, I will always be able to recall and relate better having experienced

The Diary of a Resident (Sapna Mittal – 2nd / 1st)

MAGAZINE

Stethospeaks

Doctor's Emblem

(Drashtant Prajapati- 2nd / 1st)

It has a deeper spiritual meaning and is the perfect reminder of well being. It is the staff or rod of

Aesculapius the ancient mythical god of medicine. The staff represents the Body, The Snakes the Mind and the Wings the Soul. Two in number the snakes are the representation of the duality of nature and the mind. The two wings represent the enlightened soul and physical, social, mental

and spiritual well being. The two snakes are like the two nadis, Idaand Pingla encircling the central

sushumnanadi(Pathways of Flow of PRANA) it represents a balance between the sympathetic and parasympathetic systems. Only in parasympathetic state of mind one can acquire inner well being.

The winged staff is the symbol for Medicine and Health and the winged staff is the symbol for

peace or spiritualism. The caduceus stresses the symbolism of fertility & of psychosomatic balance. It is one of the most

ancient of Indo European images found in association with various rites in both ancient and

modern India, as the emblem of Hermes, conductor of souls. The symbol is also a true representation of balance between Vata, Pitta and Kapha. The staff

represents Kapha the earth and the Tamsic state of mind, the snakes represent Pitta or Rajaic state of Mind and the Wings the Satvic state state of the mind and the Vata Dosha.

The ambulance emblem is staff with a snake without the wings meaning there by a sick person. It is the symbol of Indian Medical Association & the American Medical Association (AMA) and

many other medical societies.

Hats off 2 U Doc!

OPDs are the most hectic part of the day in hospital, so was today. After 2-3 mild cases, Dr. Vivek heard some chaos from outside. An anxious couple with tearful eyes, carrying their 14 year old son Rohan, appeared. His condition was critical - limbs in contracture, unable to move and speak. Rohan was not even in the position to breath. We all rushed to his care and immediate tracheotomy was done. He was soon taken to ICU. We diagnosed tetanus and started treatment accordingly. Meanwhile communal disturbances started in city. Today, curfew was imposed to control the situation. Curfew continues. On their routine check-up, doctors found that due to this curfew and their low socioeconomic status, Rohan's parents were struggling to arrange for his medicines. Despite these hurdles, they left no stone unturned to ensure Rohan's well-being. Considering their hardship, doctors decided to provide him all medicines, injections, ventilator etc. free of cost.

But even after 30 days of treatment Rohan still had attacks of convulsions. It looked that medicines had failed to elicit a CNS response. And doctors consulted other departments... but in vain. Though exhausted due to continuous work, Dr. Vivek was always sparing sometime to see Rohan. After changing several medicines and treatment protocol, after 40 days of admission, Rohan showed miraculous improvement. Convulsions had receded in the last 2 days. His condition was rapidly improving. Rohan was shifted to the ward. Doctors removed all his life supports.Dr.Vivek was thinking on medical line - how this has happened? How grateful his parents were today! In the past few days, all the efforts put in gave satisfactory results at the end. Situation in the city is always turning back to normal. It was a great feeling for Dr. Vivek to sign Rohan's discharge papers. His parent's eyes were in tears, once again. They gave an ice-cream treat to the whole department as a mark of their gratitude. Personally, it was a great sense of satisfaction for Dr. Vivek.

(Based on a real life story. Characters are fictional. Courtesy: Paediatric Department, Civil Hospital, Ahmedabad)

...Community Medicine encompasses a wide variety of fields which range from study and

is better than cure" has been instilled into me during this posting.

o -Dhimant Marviya (Community Posting)

o -Hiteshwari Patel (Gyanec)

o -Parth Pandya(Medicine)

o -Kevval Vora(Pediatrics)

great concentration and patience to perform a surgery.

has ignited the desire of being the pediatrician in me.

prevention of epidemic diseases to development of the society at the fundamental level. The most

engaging act was the visit to an underprivileged area and studying the conditions they live in and

focusing on their amelioration by bringing into their notice the assorted schemes the government

has provided to aid the needy. Besides treating a single patient. The essential notion of "Prevention

... On the very first day we saw a normal delivery!! Coming from first year where everything is

Secondly, witnessing for the first time a surgical procedure in Operation Theatre(Hysterectomy)

also made me aware of the fact that it isn't always about how stable your hand is! It's also about

...it was tough initially to adapt to the new place, the smell of chemicals and sufferings of patients

made me feel odd! But slowly with time passing by, senior teachers teaching every single bit of art

of history taking and interacting with patients; My interest in this subject developed. And I would

... It taught me that being doctor is not all about Surgeries and Drugs only; You have to learn to

be tender too. Seeing those cute children, suffering from Terrible diseases made me so upset. They

constantly all day long. Dealing with the cries of children and curing them isn't a small thing and It

... We were too excited to attend the wards and experience what exactly we will be doing as

practice like history taking, communicating with the patients, examinations etc. I realized that not

only the skills are important in clinics, but also you have to fill yourself with infinitive knowledge

doctor after some years. Under the guidance of senior doctors, we learnt the basics of clinical

even didn't know what had happened to them. I was so delightful to see the residents working

bookish,here we witnessed the actual physiologal process,which left me spellbound.

definitely look forward and try to get into this branch for Higher Studies.

MURMUR

F.R.I.E.N.D.S By: Shruti Dixit (2nd/1st)

The world today an evil place starkly devoid of any good grace

who then is our anchor here? Family & Friends of course! - A reason to cheer!

> Friends - Angels who are true mend our broken hearts like glue the birthplace of our thoughts

Fill our life with a medley of colors Bring laughter & joy, sweet as flowers

they have a shrine in our hearts.

The ones whose opinion really matter Never mind the hours lost in chatter Encourage us to push ahead

Words ain't enough to say what it means To have a true friend; a part of your team

Even when our hope is dead

TRAVELLER-X

By: Priyanshi Gupta (2nd/1st)

A trip to Singapore or the "lion city "has a lot in store for adventurous and enthusiastic travelers .The city may not be bestowed with "natural" beauty but the hard work and patience of its people has certainly transformed it into a tourist

Catch a city bus and end up in ancient rainforests bustling with monkeys and greater racket-tailed drongos, muddy wetlands teeming with lobsters and giant lizards or sleepy farms heaving with bananas, papayas and jackfruit. A visit to the Jurong national bird park, the largest one in Asia and the famous Singapore zoo leaves u gaping at exotic species of parrots ,flamingoes and many more .In fact you'll find yourself eye to eye with a polar bear too! One can spend an epic day at the resorts world on the Island of Sentosa, key attractions being the Trickeye museum, the S.E.A aquarium, the

adventure cove waterpark, the merlion (the national symbol of Singapore), Madame Tassuads museum and also experience water sports like kayaking, surfing, splash, skyrides...the fun never seems to end! You also get to live your favorite character for a day! Be it the Jurassic world, the puss in boots fairytales, the transformers for sci-fi lovers or meeting Alex and Marty in the world of Madagascar .The walk through the oxford street in London...at the universal studios theme park.

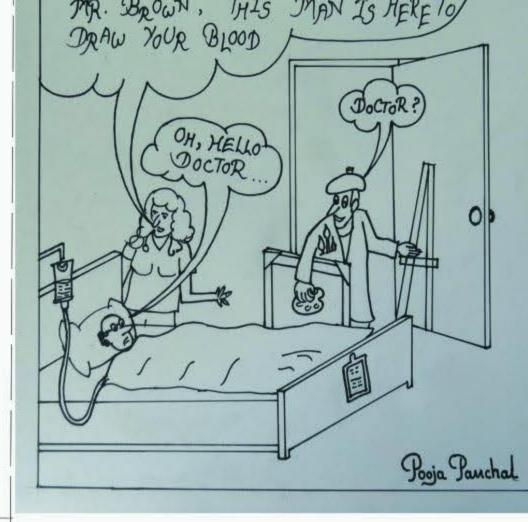
For those looking forward to a relaxing evening, the gardens by the bay, a nature park set in the heart of the city offers a breathtaking view of the marina bay skyline and glimpse of the entire city in the Singapore flyer, a giant ferries wheel offering 360 view along the Singapore River in the journey of dreams. Apart from these there are several temples and cathedrals worth visiting and spots for shopaholics to hang out too. No wonder it's on the world's hotlist of destinations.



CA-TOON

BY - POOJA PANCHAL-2nd YEAR







o -Pathik Patel (Medicine) CAMPUS LIVE

Face to Face

2nd / 1st term is treated as "Golden Term" by students in M.B.B.S.course. Not only because students get plenty of time to spend in their hobbies, but also because the real learning starts here. When students buried under the

piles of books of 1st year raise their heads out in 2nd year, they get to see the whole new world in hospital and in community during their clinical posting and community posting respectively. Prashaman asked 2nd / 1st year

students to share their experience of postings in various departments.

•Chief Minister of Gujarat Shrimati Anandiben Patel inaugurated the NEW TRAUMA CENTRE on December 22nd 2015. The new trauma center has been set up at a cost of Rs 125 crore. It has 362 beds, 50 Intensive Care Unit (ICU) beds. A 6 storey center, it has facility for landing of air ambulance on its terrace.

patients and were instilled with a sense of pride of the path we have undertaken.

•Students of 2nd/1st celebrated Fun week from 28th December 2015 to 1st January 2016.

• "Forensic Medicon 2016" a three day national annual conference, organized by Indian Academy of Forensic Medicine was held in B.J.Medical College from 8th-10th January 2016. Over 500 doctors from all over India participated in this event, which included 200 paper presentations. Dr.Kalpesh Shah (Professor & Head - F.M.Deptt.) elected as President of Indian Academy of Forensic Medicine in this conference.

•Dr. Soha Ghasura and Dr. Arjun Jakasania, both residents of community medicine, won prizes for presenting research paper in National Conference of Indian Association of Preventive and Social Medicine i..e IAPSMCON-16 at Gandhinagar.

• For prevention of Dengue / Malaria / Swine Flu etc, students are requested to take appropriate preventive measures suggested by Authority.Please contact immediately at Emergency Medicine Department for symptoms of such diseases...

•Ragging is prohibited as per the law.Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher whom he or she knows in case of any difficulties. You may contanct teachers who are members of Anti-Ragging Committee of B.J.Medical College, Ahmedabad for the same.

DISSECTION

Album : 25 : Adele Artist Reviewer: Param Dhami (3rd, 1st)

Since Adele's previous release "21" three years ago which had earned her a staggering 6 Grammy Awards, "25" has been the most awaited and anticipated album of this year. In just two weeks, 25 has sold a record smashing 4.49 million copies in the U.S. itself.

25 opens with "Hello", the lead single release which resulted in a media outburst no one has ever seen before. Hello indicates return into the industry with a fascinating lead song. 25 is a total of 11 track records which is definitely a "must listen to".

Adele has claimed 25 to be a sort of "make up record" which is unlike her past release, 21. She nails each and every beat in all the songs and she can make you feel every moment and every emotion she must have felt with this album. Each lyric is exquisitely furnished to make you step into her shoes and feel the way she does.

Tracks like "When We Were Young", "Remedy" and "Water under the Bridge" are romantic ones whereas "All I Ask" (co-written with Bruno Mars) and "Love in the Dark" are soulful punches of her incredible voice.

In short, once again time to get along with Adele on the journey of her life. Enjoy!

SOMETHING QUOTED...

Were to die tomorrow. Learn as if you were to live forever.

-Mahatma Gandhi- Father of The Nation (October 2, 1869 to January 30, 1948)

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