SOMETHING QUOT ED:: Don't find fault, find a remedy.

- Henry Ford

Campus Live

• World Health Day (7th April) was observed with great enthusiasm at bjmc.Intern Doctors participated in community based health education programme on food safety at slums....

• Summer is here to come and it is going to be equally harsh for animal and bird also. Kindly do your tiny bit by placing a bowl of fresh water outside the balcony.

• BJbeats – 2015: Bj beats, the most awaited event of the year has arrived again bringing with it a wave of excitement and thrill! This time Bj beats is scheduled to be held from 21-24th of may 2015. A little intro of the fest, it is basically a four day festival and has got a wide repertoire of day events ranging from culturals, informals, tech mania, fine arts, intellectuals to sports and four mega night

arts,intellectuals to sports and four mega night
events- Concert,Garba night,Fashion Show and
Live wire.(And yes DJ!!)

• For prevention of Heat Stroke / Swine Flu/

Diarrhoea / Dengue / Malaria / Chikungunya etc, students are requested to take appropriate preventive measures suggested by Authority.

Please contact immediately at Emergency Medicine Department for symptoms of such disease.

• RAGGING IS PROHIBITED as per the law. Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher who he or she knows in case of any difficulties.

Stethospeaks To all the men around me... Mrudev Gandhi (III/I)

Community, sometimes we define it as the mother of our society. When here I talk about community, it concerns both the feminine and the masculine parts, the "she" and the "he". Both of them are responsible for nourishing, reinforcing and intensifying each other mutually.

There sure was an age when females were recognized for their parasitic behavior depending on the males for inhabitation and subsistence. Then came an era where female in community capacitated herself and succeeded to entitle herself as a major leading part, almost the competent half of the developing society. Every minute factor of the surrounding environment, society and our very own-foully disgraced culture have participated in it. Still I'd say without the even and immutable abutment of the other half of the community-males, it could not be possible. Where as in present times, women nearly emulated men in each sector of the life, there's no more to tell about! They stunningly managed to get the best of themselves. They managed to get the best of the rest of the community. Organized and consumed each of them, and BAM! Here they are, a leading equalized half of the society.

It won't be bragging to say, there certainly are fields women handled much better way than us, even acquired. The best think about them I think is, they never tried to prevail or dominate over us, that we have started doing since a while.

There is no second vote, the achievements earned by them have a major part of our hard work too. Men are definitely fortifying females since long while. Even now, they are keeping themselves involved in empowering women with all their might. All we need to do is give women a chance. A chance to re-grow, a chance to germinate, a chance to learn maintaining themselves and develop to the mature..... If we are so unable to do this, then we have no rights to become weeds in their road to growth. They might just expect an hospitable environment to develop. A safe and secured society in

atleast let them have it.

Like others in the world, our government has also made serious policies for both- empowerment of women and reducing the hazards to their growth. The health department is resolutely concerned about women health and nutrition needs. Even the youth today is determined. What we have to do is just hail and start. A balanced community is always women=men, not women<men nor women>men. It is not compulsory for someone to be associated with any feminist organization. We simply can initiate it with a certain change in our mindsets. We can stop thinking of women as a weaker part and start taking them as human beings. They ought to have their basic human rights. Believe me, it's not a new thing. We have

which they can focus on their own agendas of developing the society altogether. Come on, we can

line-ups for it. We are able to work as freely as we need.

"Just think how great it would be if our sisters and female friends or life partners were able to stand just next to us in this swiftly growing world. Believe me it's not too far;-)"

been doing this since a long ago. Today we just need to intensify it a bit. There is no pattern or prepared

DISSECTION

By:Patel Harikrushn Book review of

THE FAULT IN OUR STARS

Taking its title from a line in the Shakespearean play Julius Caesar, this novel, while a romance, is much more than that.

It's the tale of Hazel Grace, a 16 yr old with thyroid cancer, and Augustus Waters, a 17 yr old who's had amputated legs due to osteosarcoma. They bond after a group support meeting for cancer patients, and their love for each other grows over time.

So far, it's typical.

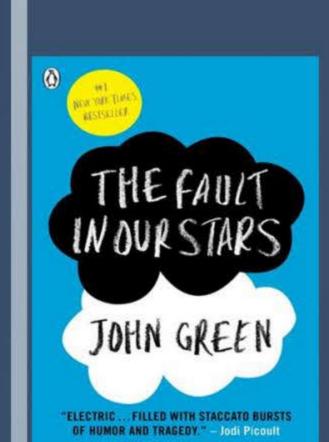
But an abruptly-ended novel makes them take a trip to the Netherlands, despite Hazel's worsening health, as her chief therapist insists she "needs this trip to live"; there, Augustus professes his love for Hazel, and the author of that novel dismisses them rudely, and so its ending remains a mystery.

A further blow is dealt when Augustus' PET scan shows a relapse of his osteosarcoma, worse than before, and doctors give him not more than a few months. Undeterred, Hazel chooses to stay with him till he dies. And he did pass away, leaving her heartbroken. But the story doesn't end here; he left something for her - and I wouldn't spoil the

A poignant tale of living and loving to the fullest in the face of debilitating circumstances, The Fault In Our Stars also dishes out nuanced humour and modern-age philosophy.

Now, it's a fine read - very well-written and touching philosophy and all - but it's romantic at the core and is, sort of, dark.....

"Some infinities are bigger than other infinities"





Traveler x

South Africa

Holidays and outings are always a tempting thing; especially when they come on the very next day after your university exams. South Africa, a country of 53 million people, 3 capital cities & 11 official languages is the southernmost country of the African continent.

The journey began with exploring the scenic stretch of 'The Garden Route' embroidered with ecologically diverse vegetation & numerous lakes and lagoons. The stalactite and stalagmite formations at the Cango Caves are indeed an incredible sight. A quick glance into the country's diverse wildlife can be seen at the Cango Wildlife Ranch with its Crocodile World, Snake Park & Cheetah land. Riding on the ostrich's back was enough to give an insight of the endless thrills awaiting on my trip.

Cape Town, the city often encountered in our Indian reality shows & several Bollywood movies, happens to be the legislative capital of South Africa. The breathtaking drive across wavy roads along the coastline was indeed a sight to soothe one's eyes and bring along rejuvenating abundance; ultimately leading us to the Cape Point where the Indian & Atlantic Ocean currents meet. The cable-car ride to the flat-topped Table Mountain, is the major tourist attraction. Not to forget – the lively Victoria & Alfred Waterfront, the world-renowned Kirstenbosch Botanical Gardens, the Seal Island or the African penguin's natural home at Boulder's Beach – indeed, the place is

bestowed with nature's grace.

On the other hand, Sun City – the Fun City reflects a single man's attempt to build create an entire new artificial city, rightfully an oasis in the desert. With four magnificent hotels, a man-made wavy lake with watersports, the traditional African 'Cultural Village' adjoining the famous Pillanesberg game reserve – it is a place full of life, dazzling shows, nightlife and a fabulous casino(the initial aim of its creation).

A walk across the Roben Island takes us back to the apartheid times and brings to life Nelson Mandela's struggle to freedom. I

A walk across the Roben Island takes us back to the apartheid times and brings to life Nelson Mandela's struggle to freedom. I still wonder whether it is the marvelous breath-taking view at the Knysna Waterfront or the 120km/hr adrenaline pumping zip slide over 2km stretch on mountaintop in Sun City; which still makes me say – mis jou South Africa.

Rajvi kansagra (3rd/1st)

FACE TO FACE: After declaration of University Results, Internship (Rotatory Houshmenship) has started from march 2015. Prashaman had taken an opportunity to talk with novice internees to know about their experience in first month as an intern doctor......



Ajay Emani (Intern - Medicine): Well my first month of internship was comprised of elective postings in Radiology department and psychiatry department each for a period of 15 days. I learned a lot in the radiology posting from the residents and professors who were very helpful...It made me realise how much specific we learn from medicine and surgery wards and there is a lot to know about radiology. Some of the best things were watching the whole process of barium swallow and meal and also learning a lot from watching USG of so many patients.Then came psychiatry, again a great learning curve, in the way that I got to see so many cases. You realize one of the best thing about civil is so much exposure in less time. The department was very dedicated to teaching us as much as possible in the time they got for which I am very grateful. So overall the past month consisted of increasing my depth of knowledge regarding the subjects that are not really studied very well. I got quite enough time to prepare for PG....

Aayushi Chokshi: Intern (Medicine) Internship -- a golden year?! A carefree joyride?! An

Internship -- a golden year?! A carefree joyride?! An academic pg prep year?! All these years into the quest for knowledge & as an intern you realize clinical exposure is the best teacher. One day in the OPD /emergency teaches you more than what our books have over these 4.5 years. When a young girl suffering from diabetic ketoacidosiswhom you have attended to in trauma; looks up at you and tells her mom, "I want grow up to be a doctor like Didi." or when an aged patient blesses you and says, "your smiling face and warm response took away half my illness. May god bless you beta" or when you insert an IC in one prick and the relatives look at you awestruck, that's when you actually relate to why doctors are placed next to God; irrespective of whether you are a budding intern or a specialist. Sleepless nights might drain you but the joy of your first IC/ABGA/FOLEYS/RT insertion is unparalleled; nothing short of a mammoth achievement!!Internship is an exhaustive yet enriching experience; a priceless learning curve. One month into it & I am loving it. When work feels like adrenaline; when being dead tired only makes you feel more alive -you are in the right profession for sure.

Jay Modha(Intern - Ophthalmology): Still there is a lot that has to be faced. Yet the chapter named 'INTERNSHIP' has already started adding colors in my book of rainbows, called life. While some of them are working the whole day in ward and learning nothing but just a machine work the others... In the society, doctors are a symbol of sophistication and knowledge, but when we dig dipper, what I find is the 'empty pot'. Not all but many following and forcing others to follow the one rule that is 'Seniors are always right'. With all due respect, I believe ... Knowledge and attitude makes a senior. But still we, 'the unbroken people' facing it with pride....

PSM): ... During the first month of my internship, I was posted in UHTC (PSM) for 15 days and RHTC for another 15 days. View about PSM as theoretical subject changed after attending it; consist of various clinical visits including field visits, diagnostic camps, surveillance and many more. Working at RHTC was amazing with direct involvement with the health care system of our country. The benevolent nature and respect that a doctor gets by treating the patient is heart touching. You also get a chance to observe how the management is handled meticulously and smoothly by intelligent integration of the government supply and maintaining coordination between the staff members. By doing so M.O. keeps a keen watch over the health of people... which really made me feel proud to be in this profession and help the needy. Hope this enthusiasm and dynamic feeling remains till the end... Though

theoretically, PSM is perceived as a boring subject, I

must say that field work in PSM is really very enjoyable

Devin Vaishnani & Ankita Vasani (Interns -



HATS OF 2 U DOC

સદભા**ન**ના

(લેખ\$: ગ્રેશાપટેલ - **Ⅲ / Ⅲ M.B.B.**S) એક ઋી ધારે તો સુ ના કરી શકે ? ભાવનાબેનની વાત કરીએ તો આજથી ૧૦ વર્ષ પેઠલા જયારે તેઓ માનસિક રોગના **વિ**ભાગમાં આવ્યા ત્યારે ક્રેવા હતા અને આજે ક્રેવા છે.અમદાવાદના અસારવા વિસ્તારમાં રહેતા ભાવનાબેનને બે બાળકો **હતા.તેઓ પોતાની જિંદગી શાંશિથી જીવતા હતા.આયાનક એક દિવસ ભાવનાબેનને સમાયાર મળ્યા કે તેમના પ**્રિને ભયંકર અકસ્માત શ્રયો છે. આ આઘાત ને કારણે તેઓ બેભાન શ્રક ગયા અને જયારે ભાનમાં આવ્યા ત્યારે તેઓ ના યાલતા **હતા કે ના બોલતા હતા.અધ્**રામાં પૂરું તેમના પ**તિનું** મૃત્યુ શ્રયું હતું.આ ઘટના બાદ ભાવનાબેનના વર્તનમાં ઘણા મોટા ફ્રેરફાર આવ્યા તેઓ પોતાને એક રૂમમાં પૂરી રાખતા .અને એકલા રહેતા. તેમની દીકરી અંજલિક્ષી આ સ્થિતિ જોથી ન ગઈ અને તેમને સિવિલના માનસિક્રરોગોના વોર્ડમાં દાખલ કર્યા. દોક્તોરોએ શિદાન કર્યું કે ભાવનાબેનને બાયપોલાર ડીસઓર્ડર છે.ક્યારેક એકદમ ઉદાસ થઇ જતા અને ક્યાક એકદમ ખુસ શઇ ને ફસવા લગતા. ભાવનાબેનની સ્થિતિ જોઈને તેમને ત્યાંજ રાખવાનો ભિર્જાય લેવામાં આવ્યો અને તેમનું ક્રાઈન્સીલીંગ શરૂ કરવામાં આવ્યું.પરંતુ ક્રોઈ બદલાવ દેખાતા નોકતા.અંજલિએ 尾મત ન કારી તેમને દવા નાડોસ બદલ્યાઅને ક્રોઉન્સીલીંગનો સમય પણ વધાર્યો.સાથે અનુકુળ વાતાવરણ આપવાનું નક્કી કર્યું. અંતે ભાવનાબેનની સ્થિતિમાં સુધારોઆવતા તેમને ઘરે જવાની મંજુરી આપી. તે સમયે અંજલી અને ડોક્ટર બંનેનીઆંખોમાં ખુશીના આંસુ હતા. ઘરે આવ્યા પછી ભાવનાબેને Nee સરુ કરી અને સીઓ પર થતા અત્યાયાર વિરૂધ કામકરવાનું સરુ કર્યું.આ દરમ્યાન તેમનીદવાઓ યાલતી અને તેઓનું સિવિલમાંઆવાનું શ્રદ્ધં. તેઓ Nes-ના ભિર્ષ્ય લેવામાં ડોક્ટરોનીસલાક પણ લેતા.NGD ભાવનાબેન વિના અધુરૂછે તેમ ક્રકીએ તો ચાલે. આજે પણ જયારેતેઓ સિવિલ ફેસ્પિટલમાં આવે છે ત્યારે ડોક્ટરો નોફ દયપૂર્વક આભારમનેછે,કારણ કે જો ૧૦ વર્ષ પેફલા ડોક્ટરોએ તેમની કાળજી ન લીધી હોત તો આજે તેઓ કામ કરી રક્ષા ના હોત.

(સત્ય ઘટના પર આધારિત,પાત્રો કાલ્પનિક છે...સાભાર – PSHYCHIATRIC DEPTT..CIVILHOSPITAL

MURMUR

कोई सो नहीं पाता, अपनों के दरद को संवारने की चाह में। तो कोई सोता नहीं, अपनी आँखों में पलते सपनो की वजह।। किसी के निकट, हो रहा है,पहेरा दुआओ का। तो किसी के भीतर ठहर रहा है,समूह संकलपों का।। पैरो का कंपना है सहज, दखिता है उसे की,दरद में है 'अपना'। मन की बेचैनी है लाजमी, लगता है उसे की,मंजलि है मुमकनि।। अधेरा होता है जरूर, पर खामोशिया कहाँ सोती है!!यहाँ रात...।। Jay Chaudhary Final year

CA-TOON

medical student

short short cast of pleasant expectation

short white cast of being meating from core of being pockets stuffed with medical

reference material

Attention Please

Auditions for BJ beats...
Singing / Dancing
23rd & 24th April 2015
Place: College Auditorium

Fashion Show
22nd & 24th of April 2015
Place: College Badminton
Court