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B.J.M.C MONTHLY WALL MAGAZINE

PRASHAMAN

OUTCOME OF MEDICOZ CREATIVITY

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SOMETHING QUATED

MEDICINE IS NOT
HEALTH CARE
FOOD IS
HEALTH CARE
MEDICINE IS
SICK CARE



HATS OFF TO YOU, DOC

નવજીવન

કુદરત એક મહાન કલાકાર છે.તેણે નાના વાયરસ થી લઈ ને વિશાળ કદના ડાયનાસોર બનાવ્યા છે. કુદરત ની વિશિષ્ટ રચના ગણાવી તો તે છે મનુષ્ય. કુદરતે બનાવેલ મનુષ્ય આજે કુદરત ને જ પડકારે છે. આધુનિક તબીબી વિજ્ઞાન બીમાર માણસને તો જીવન આપે જ છે પણ ક્યારેક તંદુસ્ત માણસ ને પણ જીવન આપે છે. ગોવંધનભાઈ આજ જ રીતે તબીબી વિજ્ઞાને જીવન આપ્યું.

અમદાવાદ જિલ્લાના બરવાળ તાલુકા ના માવજીભાઈ ગાયો-ભેસો રાખતા હતા અને આમ જોવા જાવ તો તે તેમના માટે આજીવકિનુ એક સાધન હતું. એક દિવસ વહેલી સવારે તે પોતાના ઢોરોને લઇ ચરાવા નીકળ્યા હતા.સાથે તેમનો નાનો દીકરો પ્વીણ પણ હતો. થોડી વારમાં તેઓ ખેતરે પહોચી ગયા હતા અને ઢોરોને ચરવા માટે ખુલ્લા મુક્યા હતા. માવજીભાઈ અને પ્વીણ ઝાડ નીચે આરામ કરવા બેઠા હતા.થોડી વારમાં ખેતરવાળા ગોવંધનભાઈ ફરિયાદ લઈને આવ્યા કે તમારા ઢોર અમારા ખેતરમાં ઘૂસીને પાક બગાડે છે.બનને વચ્ચે થોડોવાર ઉગ્ બોલાચાલી થઇ.ત્યાર બાદ ગોવંધનભાઈ જતા રહ્યા. માવજીભાઈ નો દીકરો પણ ભ્રમ લાગી હોવાથી બપોરે ઘરે આવી ગયો. સૌજ પડવા છતાં માવજીભાઈ ઘરે ન આવતા તેમના સગાઓએ તપાસ શરુ કરી..રાતે માવજીભાઈ નો મૃતદેહ લોહી થી ખરડાયેલી હાલતમાં ખેતરેથી મળ્યો. સગાઓએ બરવાળ પોલીસ સ્ટેશનમાં ગોવંધનભાઈ વિરુદ્ધ ફરિયાદ આપતા મૃત્યુનો ગુનો દાખલ થયો અને ગોવંધનભાઈને જેલમાં પુરવામાં આવ્યા.તેમની સામે કોર્ટમાં કેસ દાખલ કરવામાં આવ્યો.

આ દરમ્યાન માવજીભાઈનો મૃતદેહ પોસ્ટમોર્ટમ અથે અમદાવાદ સિવિલ હોસ્પિટલમાં લાવવામાં આવ્યો. ફોરેન્સિક મેડીસીન વિભાગ દ્વારા મૃતદેહનું પોસ્ટમોર્ટમ કરવામાં આવ્યું.પોસ્ટમોર્ટમને અંતે જાણવા મળ્યુ કે માવજીભાઈને ગંભીર પ્કારનો ટીબી હતો અને કોઈ કારણસર લોહીની ઉલટીઓ થવાથી નાક,કાન અને મોઢાના ભાગમાંથી લોહી નીકળ્યુ હતુ.આમ તેમનું મૃત્યુ "hemorrhagic shock" ના કારણે થયું હતું. મૃત્યુનું આ કારણ પોસ્ટમોર્ટમ વિભાગના નિષ્ણાત ડોક્ટરો એ કોટ સમક્ષ રજુ કરવામાં આવ્યું.માવજીભાઈને કોઈ પણ પ્કારનો માર મારવામાં આવ્યો ન હતો તથા તેમના શરીર પર ઈજાના કોઈ નિશાન પણ ન હતા તેવો સ્પષ્ટ અભિપ્રાય ડોક્ટરો દ્વારા આપવામાં આવ્યો.આ રીપોર્ટને આધરે ગોવંધનભાઈને કોર્ટ દ્વારા નિદોષ છોડી મુકવામાં આવ્યા. આમ નિદોષ ગોવંધનભાઈને તબીબી વિજ્ઞાનને કારણે નવજીવન

(સચઘટના પર આધારીત,પાત્રો કાલ્પનિક છે, સાભાર : ફોરેન્સિક મેડીસીન વિભાગ,સિવિલ હોસ્પિટલ,અમદાવાદ.) (લેખક : ગેશા પટેલ - II / I M.B.B.S.)



TRAVELLER X ...

ADLABS IMAGICAAAA.....!!!!!!!(By Parth Dave – II /

Adlabs imagica is a theme park near Mahabaleshwar on the Mumbai-pune expressway, this theme park is situated near the city of Khopoli owned by Adlabs Entertainment Limited ,this is India's 1st & only theme park, with a total of 44 attractions,Imagica also has 5 of its own creations. Adlabs imagica also offers you world class accommodations as its 300-room hotel.Wholesome entertainment, and that too with friends,what more could I have asked for.Nitro, Scream machine , Deep space,Gold rush are amongst my favorites.Sending a shiver down my spine each and everyone of these holds a special place. Each one of us has a child within ourselves that is buried under the burden of work and study Imagica lets the child in you rise and fly....offering this opportunity to as many as 20,000 visitors everyday, imagica is truly a place where stories come alive. Can't wait to see it's newest creation – Aqua imagica .

Campus Live

•Nikita Panday,Radhika Shrotria,Rahul Rohit,Shivam Kotak,Mohit Rathod,Shalin Shah and Dhananjay Manjhi served two years as Editors of Prashaman and now making ways for new editorial team members....we appreciate their participation...

•Parita Bhalodia,Bushra Jahan,Deep Patil, and Parth Dave have been selected as member of new editorial team of Prashaman....

•Kushal Prajapati joined as Designer and Gresha Patel joined as Columnist in Prashaman...

•B.J.M.C. team of Dipak Goel,Prarthi Shah and Kautilya Patel (all from 3rd/1st) won the Quiz competition (for medical colleges coming under Gujarat University)organized at GCS medical college on 1st October 2014

•B.J.M.C. students enthusiastically participated in PULSE- 2014 at AIIMS.They won in drama competition (2nd prize),Men's single badminton (Haard Barot- 3rd prize),Debate (Kavan Takavani – 1st prize)...

•RadhaKrishna garaba night was celebrated on 29th of September 2014 at BJMC ground.

•For prevention of Diarrhoea / Dengue / Malaria / Chikungunya etc, students are requested to take appropriate preventive measures suggested by Authority.Please contact immediately at Emergency Medicine Department for symptoms of such diseases...

•Ragging is prohibited as per the law.Students of first M.B.B.S. are instructed to contact Hostel Superintendent / Rector / Security Officer / Teacher who he or she knows in case of any difficulties. Following is list of Teachers who are members of Anti-Ragging Committee of B.J.Medical College,Ahmedabad :

Dr.Bharat Shah – Dean
Dr.Asha Shah – Professor & Head,
Medicine Department
Dr.Mira Desai – Professor & Head,
Pharmacology Department
Dr.Neeti Talsania – Professor,
Community Medicine Department
Dr.B.B.Solanki – Associate Professor,Medicine
Department

Dr.Pranay Shah – Addition Dean
Dr.Geeta Kedia – Professor & Head,
Community Medicine Department
Dr.C.A.Pensi – Professor,Anatomy
Department
Dr.Rajesh Solanki – Professor,TB & Chest
Department
Dr.Kirit Khardadia – Tutor,Microbiology



DISSECTION

Book Name : Five Flavors of Dumb (Author : Antony John)
Reviewed by : Khusboo Mathuria (2nd/1st MBBS)

What's the worst possible name you can imagine for a musical band? Is it Gobbleworms? Is it Hasslehulls? Well, think again, for Piper is about to become the managerWhat's the worst possible name you can imagine for a musical band? Is it Gobbleworms? Is it Hasslehulls? Well, think again, for Piper is about to become the manager for an aspiring rock band called 'Dumb'. Which is sadly, not only peculiar, but also accurate. But when Piper's parents blew away her college fund, that her grandparents had lovingly inherited to her, on a cochlear implant for her little sister, she's desperate for money. So much so that she is willing to manage a rock band called Dumb.The only catch? Piper is deaf.

Antony John has not only voiced a disabled girl with a complex exactness but also managed to hit it with just the right amount of patience and enthusiasm. Because Piper is just like you and me- a teenager of no more than eighteen or nineteen struggling with things like good grades and eagerness to fit in. It's not easy when she walks into a hall full of people her age and have them looking at her like she is from an entirely different planet, it's not easy when people look at her and whisper, forgetting that she can very well read their lips. And it's definitely not easy when her future looks bleak and dull because her parents spent it on her little sister's surgery. So when the lead vocalist of the Dumb approaches her with an offer of money, money that could possibly get her into the college of her choice, she's jumping up and down with confirmed reception. Only managing a band full of people who are at each other's throat all the time is not only tiring and difficult but also not possible. However, Piper is a tough girl. She might be down with a hearing disability but her voice rises higher than anyone else's. She learns that music is not only supposed to be heard, but also felt.

Through a rocky history of Kurt Cobain and Jimi Hendrix, she realizes what music is all about...what life is all about. She realizes how important it is to fit in, but it is just as important to stand out.

Antony John could have not pulled it better. He takes a golden story and surrounds it with a silver lining. The characters are witty and loveable, complex and fascinating. Portrayal of Piper's character truly brings out her personality and understanding her pain when someone says, 'Listen to this,' becomes a lot easier.

Five Flavors of Dumb is highly optimistic story surrounded by faint rays of hope and happiness. It manages to have a characteristic feeling of a fairytale without managing to drown in the cliché of happily-ever-afters. Five Flavors of Dumb is simply Five Flavors of Awesome.....just read and enjoy !



FACE TO FACE



M & J. Institute is a western regional centre for eye care in India. Dr.Deepak Mehta is retiring as Professor & Director of this institute after serving so many years.Deep Patil (Editor of Prashaman) talked with him on this occasion.....

Prashaman : What do you think is the best part of this profession ?

Dr.Mehta : To my mind best part of our profession is to perform our duty and give respect to patients and students. Our profession is very nobal profession and our status and position in society is very good due to duty that we are doing for our patient.

Prashaman : Do you think teaching students and treating patient simultaneously is a tough job to do?

Dr.Mehta : I have always enjoyed every moment of my profession.I have never found tough,afcourse it is challenging and it is quite demanding. I used to come on Sunday also sometime carrying administrative file on home.

Prashaman : What was your most memorable experience throughout your journey as clinician ?

Dr.Mehta : I have took my W.H.O. journey in 1989 in new York and Washington. As WHO follow as advanced study of ophthalmology. It was under very senior and renowned teacher. It was very wonderful experience in my life.

Prashaman : How did you manage such a tough job as director of institute ?

Dr.Mehta : I agree that I joined as director in 2001. I could still remember the first year with my lot of sleepless night and sleeping disorders. Luckily I got very dedicated team of doctors, nurses and technical assistants to make my job very successful

Prashaman : Tell us about your days as UG and PG student in medical college.

Dr.Mehta : I studied for my mbbs in municipal medical college and ms diploma in nagri high hospital,ahmedabad . in ug we were closed group of 100 students in my class and we had very senior team like dr. harshad joshi, dr. dhamani, dr s.h. Mehta in m.s. diploma I have got teachers like dr. bhavishi and dr. dudhia I could become a successful ophthalmologist by getting trained under them

Prashaman : If we compare the students in the past and now, do you see any change?

Dr.Mehta : Yes,I saw a phenomenal change in current modern students that they are smarter dedicated and having good knowledge thanks to internet and computers.In our time our seniors were quite helpful to us and there was nothing like harassment.

Prashaman : What are your views on our college, the B.J.M.C. ?

Dr.Mehta : I have travelled to so many colleges of India and other countries but this campus is absolutely fantastic temple of knowledge and learning. The clinical verity and volume of patient is so big that this is not seen elsewhere.

Prashaman : What, according to you, are the changes needed in present teaching methods,if any?

Dr.Mehta : I think the students must be asked to prepare power point presentation.The interactive element in teaching must be done in a larger way.

Prashaman : What are your views on newer trends and future of Ophthalmology ?

Dr.Mehta : The future of ophthalmology is extremely bright due to robotics surgery. It will be done on nanolevel there are many possibilities that the blind person will be able to see in future.But I also see very big rise in visual problems like diabetes as it is rising very rapidly in India and Gujarat .

Prashaman : What would you miss the most as a teacher after retirement?

Dr.Mehta : I will miss my patients and students after retirement.

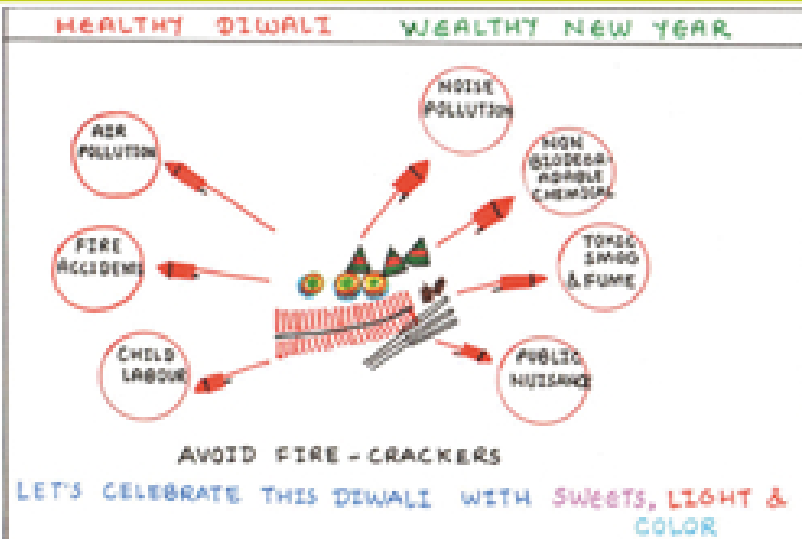
Prashaman : What are your plans after retirement? How do you feel about it?

Dr.Mehta : My plan after retirement is take mental relaxation for sometime. There are some offers in Government and NGO which I am considering after retirement.

Prashaman : What is your message for students and future medicos of BJMC ?

Dr.Mehta : At M & J Institute we consider every patient as a family member. Please call every patient with his or her name and make the patient feel as if his/ her home give sympathy and try to finish his/ her treatment as quickly and as nice you can. Keep your pull in patient and do your service with your soul.

CAT
ON



MS
DE
TECH



...BY MITESH MER, 1st M.B.BS

STETHO SPEAKS



MS. THOMAS

MISSILE WOMAN

The action was all up there, but at 8.07 am on Thursday, when India's first inter-continental ballistic missile tore into the overcast sky of Wheeler Island off the Odisha coast, all eyes were on one woman on the ground — chief scientist, Project Agni-V, Tessy Thomas. By the time HT got through to her mobile phone on Thursday evening, Thomas was already back in Hyderabad and celebrating with her colleagues at the Defence Research and Development Organisation (DRDO) office in south Hyderabad.All the team work that has gone in for the last three years has given a fruitful result," said the 49-year-old soft-spoken missile scientist who spearheaded the team that built Agni-V over a period of three years.

A Malayali from Alleppy in Kerala, Thomas grew up close to the Thumba rocket launching station, watching rocket launches and dreaming about them. "I was fascinated. That's when I decided what I was going to do."And like a dream, a B Tech and an M Tech later, there she was joining the almost all-male DRDO'club' in 1988.Coming from a family of five daughters and one son, Thomas found herself in a work scenario where the gender ratio was just the opposite. And this where her "egalitarian upbringing" came in handy. Thomas says she always considered herself a "scientist", and not a woman.In the years that followed not for nothing did she come to be known as Agniputri or one born of fire.

So how does she feel about working on some of the most powerful weapons of mass destruction? Ms Thomas says she is developing "what are really weapons of peace".What has been infinitely more difficult, she says, is juggling work and family.

At times, she says, she is torn between her loyalties to the missile programme and her family responsibilities. In a glowing tribute in 2008, The Indian Woman Scientists Association did not forget to mention that "like most women she also does a tight-rope walk between home and career, between being a mother and a scientist who is dedicated to her job."We feel Tessy Thomas serves as a role model and an inspiration for women scientists to achieve their dreams and have their feet planted in both worlds successfully," the group said.

In January, Prime Minister Manmohan Singh told the Indian Science Congress that Ms Thomas is an example of a "woman making her mark in a traditionally male bastion and decisively breaking the glass ceiling". "We are all proud of our country. Agni-V is one of our greatest achievements," she says. "Dr.A P J Kalam was my original guru . He was my director. I have been with the Agni programme since 1988...I have designed the guidance programmes for all the Agni missiles,"she said.From the original "missile man "to the new "missile woman",things have indeed come full circle.

(BY PARITA BHALODIA – II/I)

Editorial Board :

Dhruiti Pandya, Harsh Vyas, Keval Patel, Mohit Makwana,Hemaxi Chaudhari,Krupal Chaudhary (2nd Year - due)
Bushra Jahan,Deep Patil,Parita Bhalodia,Parth Dave, (2nd / 1st year)

Views and Creations are of authors, and not of Prashaman.

DESIGNED BY :- DR. NILESH G. PATEL (II YEAR MD PSM)