सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः। सर्वे भद्राणि पश्यन्तु मा कश्चिद्रःखभाग्भवेत्॥



Send your creativity to us via **Dropbox near Reading room** OR

prashaman.bjmc@gmail.com Also available on , bjmc.org http://goo.gl/zmyAAY



TOPPERS TALK ABOUT THE SUBJECT THEY TOPPED

3RD FINAL



Jay Kharsadia (Medicine) 237/300 (Surgery) 226/300

Not being humble, but this is not that big achievement, a still bigger exam awaits. But for this exam, idea was to keep it as simple as possible. I read in a group of 3 so preparation started early, finished early and revised a lot. I really believed that reading whole HARRISON as a text book is not for UG exams, there is just a need to rationalize it. Around 60% of the total time is required for both medicine & surgery. Although Surgery needs more time. Its very important that the course be completed on the day before as it forms a confident frame of mind. For practical exams we need to think like the examiner because we are accountable for our own words there.



Vandana jain (Obstetrics & Gynaecology) 163/200

I have personal liking for the subject. And also, dedicated reading of the subject made it easy for me to learn it. Difficulty with some topics like malpresentation was solved by clearing the basic concepts by images or by lectures of professors. I used to read it when I got time from medicine & surgery. Frankly, this subject will not take more than a couple of weeks to prepare. Last time revision is very important as it helps us to clearly present in paper. For practical exams, theory knowledge is very helpful particularly in gynaecology. Also, obstetric case needs some practice.



Deepika Jeevnani (Surgery) 226/300

Being so extensive, surgery has to be revised a lot before the university exams so as to boost your confidence before exams.Its important to select a proper book for surgery, stick to it till end and make your notes so that they can be revised repeatedly before exams. Surgery is a subject that will consume major proportion of your time slot amongst all the subjects of final year as it will require multiple reading for building concepts and writing precisely in exam. About last night, I would advise take proper rest.Do not take too much stress.Read superficially.Stay calm.For surgery clinics, there is V. Ghanshyam Vaidya's videos plus take wardend exams seriously because these are the places where you get to learn the most,

3RD IST



Ayushi Chokshi 81/100

ENT, though being a minor subject cannot be taken lightly. Since ENT is purely clinical ... A very frequent problem is the lack of correlation between the theory and practical exposure leading to an incomplete understanding... But attending the clinics regularly and sincerely will take care of this problem. Regardig time devotion, it should be customised by one's own way of reading & evaluation of one's strengths & weaknesses. Regular attendance of clinics & practical knowledge is the sole basis of preparing for a viva. Way of presentation & confidence are the icing on the cake :)



Minhaz Karkhanawala **Ophthalmology** 78/100

I have always focused on building concepts rather than just mugging up things....

We don't have any internal exams during our third year which force us for regular study.... So setting short term goals can help a lot. Many of us are weak at case presentation too. Take active part in the clinics and discuss with your friends. Make a habit of presenting cases. It takes away most of your time. Last day studying is very important. A thorough prior preparation is inevitable but for performing well in the exam, you need a good last night reading.

PSM 163/200

Being a member of NSS, public health has always interested me. And though sometimes talked about as one of the most boring subjects, PSM actually offers insight into aspects of epidemiology, primary health and the government sector that every practicing doctor must be aware of. I've always seen it in that perspective. All of us find it a very lengthy subject to read. But regular reading and discussions since the beginning of the year can save a lot of efforts in the end. You cannot leave things for the last moment

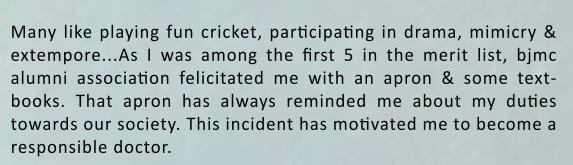
I did my biostatistics well. It is easy and scoring....for viva prepare national and state health programmes

and schemes. It is frequently asked in the viva.



Vivek Joshi

OF COLLEGE LIFE



INTERNS WHOSE INTERNISHIP ENDED IN MARCH

2014 SHARE THEIR MOST MEMORABLE INCIDENT



Divyesh Goswami

It was BJ-Beats 2011.. When I had performed a group dance.. I still remember how I used to rush to practice after attending lectures.. It was thrill when we used to practice for stunts,...It was emotional when we gave message of quitting smoking and alcohol through our act.



Arpit Upadhayay

The 1st year of my college life....the fear of ragging....the bond that I connected with some of my friends....late night "owl studies"....the late night tea at gate number 5...Then of course the 1st day of med school...i had cut all the subcutaneous nerves that we were to supposed to study on our 1st day:)



Nirali Thakker

To be very frank 5.5 yrs can't be inoculated in single memorable incident ..but BJ Beats organising batch year of ours and fun week were most memorable..



Ruchira Wadhwa

No most memorable incident as such..there are just infinite memories..loved BJ Beats...always wanted those commemorable moments which every medical student wants and I am glad my college gave me that.. hope the trend continues.....:)



Heena Rajput

Mera most memorable event tha BJ Beats jo hamari batch ne organise kiya tha...woh singing ke auditions, selections, reharsals aur "d day" pe mera performance puri clg aur faculty k samne...aur woh bhi pehli baar college me saari pehni thi...!! Woh uss vakht ki excitement aur mera tachycardia main bhul nahi sakti kabhi!!! BJ Beats ka fashion show bhi awesome tha...as medicos aisa kabhi hamari college main bhi hoga aisa maine socha nahi tha..but woh din kabhi bhul nahi paungi!!!:):)



Prarthi Shah (Microbiology) 122/150

Well.. microbiology is not so difficult as we consider it .. it needs is just dedication. Our journal and sometime intenet help you a lot. These tiny creatures don't demand much.. they just need 2 hours a day or even less .. so better rely on daily studies and relaxation last night before the exams.. And this mantra comes frm our own Praveg sir.. i would really like to thank him for helping me out every time:)



Aakanksha Agrawal (Pharmacology) 117/150

In pharmacology...was an interesting subject for me.knowing about drugs and being able to understand the drug chart was a confidence booster. I handled the major problem of remembering the drugs their ADRs & their uses by making mnemonics for them. Continuous reading and repeated revisions without taking breaks was fruitful. Go through the major drugs in the last few hours & keep your concepts strong.

2ND YEAR



Rutvik Dave (Pathology) 124/150

I believe - Pathology makes base for medicine. Robbins is an excellent book but Harsh Mohan needed for some topics. Better to prepare notes for most of the frequently asked questions as this helps managing time while writing in exams. Schematic diagrams and flow charts are must....specially for pathogeneses. I was devoting equal time to each subject. Since pathology has a vast course, it is useful to brush up things on the night before the exam because there are high chances of mix-ups during the exam. The confidence with which you attempt an exam makes a difference.



Niral Patel (Forensic Medicine) 82/100

Initially looked boring but later felt interesting. I did not face any particular problem but yes the legal language can be troublesome to remember as we have to remember it as it is. Many students keep FM for last minute studies which obviously will cause problems but if you keep interest it will be easy to study FM. After 1st internal, I started to give 3-4 hours a week to FM.In due term of course there was no time to spare but even then I managed to give 6-7 hours a week to FM.At least once you should go through syllabus before exams. After that last night reading will reap benefits to remember tricky language and definitions.

For practical, you should visit the museum to see the specimen, poisons and weapons. For theory viva, definitions and some IPC sections are all which are preliminary requirements to perform satisfactorily. I tried to be very specific in vivas when it came to definitions.

તારી જીંદગીની કઈક ગુંચોને ઉકેલવા જતા...

જાણી ના શક્યો.. ફ કઇ ગુંચમા ગુંચવાઇ ગયો એ જાણી ના શક્યો.. શાયદ ફુજ એક ગુંય બની ત્યા ગુંથાઇ ગયો

ये विसरी ना शड्यो...

તારી ગુંચને મારી સમજ

ત્યારે તારા પ્રેમની પાંખડીમા ક્યારે અટવાઇ ગયો એ જાણી ના શક્યો...

મારી ખુશીઓનો સુરજ ક્યા ઢંકાઇ ગયો

એ શોધી ના શક્યો... તારા અશ્રુઓના કાળા વાદળીને ખસેડવા જતા..

એ માણી ના શક્યો...

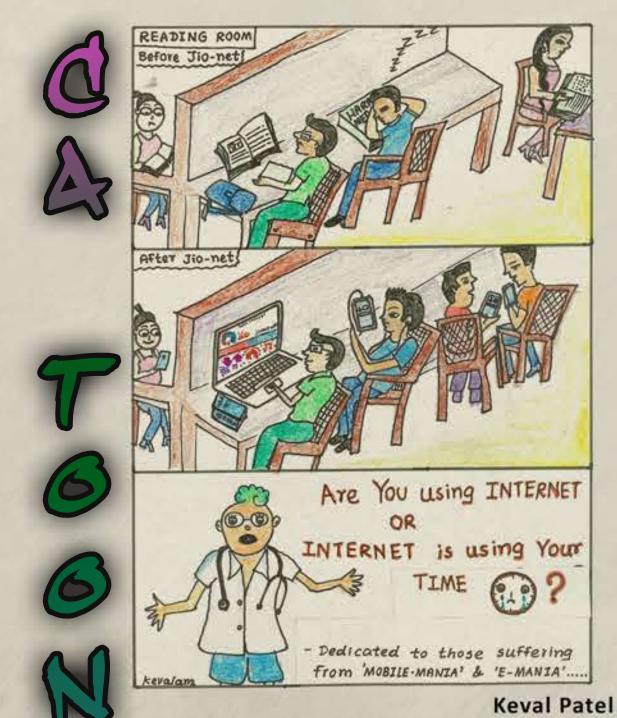
તારા માટે જીવતા જીવતાર્શીદગી ખરેખર છે શુ યે જોઇ ના શક્યો....

મારી મુસ્ફરાહ્ટનો વરસાદ કેવો છે.

છતાય..

તારા દુ:ખોના પહાડીને તોડવા જતા..

આજ તારા હોઠી પર જગારા મારતી મુસ્ફરાહ્ટને જોઇને મહ્યબ્બતની ખુશી હ્રેય છે શુ.? એ હુ દનિયાના દરેક દુઃખથી ય વધારે જાણી ગયો Saurin Chaudhary



Dhimant Patel 3rd Final

SHUTTER BUG



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Views and creation expessed here are of authors And not of Prashaman

2nd /11