# Prashaman

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#### Stethospeaks

Gardi - The Guardian of Destituted

"He had been declared dead at birth but his parents smiled when he cried after 10 minutes" It's almost impossible to compute how much he gave to Gujarat. But

for all that he donated to the state, it would be no exaggeration to call Deepchand Gardi, a modern-day Daanveer. Gardi, one of the biggest names in philanthropy, passed away at the age of 99 in Mumbai on Monday - 6th of January 2014. Gardi stubbornly preferred to remain a silent donor throughout his life even as the crores that he donated have seen a number of education institutes and hospitals come up and flourish since the last many decades.

Born in Padadhari village of Rajkot in 1915 in a poor family, Gardi donated crores of rupees for education, health and welfare of poorest of the poor. He was a barrister at law from London and practiced in Mumbai. Gardi indulged in his philanthropy from the age of 45 when he retired voluntarily from his profession. At the age of 12 he sought capacity to donate every day Rs. 1,000 before Mandavraiji idol at Mandavraiji mandir near Muli in Surendranagar district of Gujarat. In young age, he came to same mandir again and sought blessings to have a capacity to spend daily Rs. 1 lakh to serve the society. With the motto of 'Live and let live', he ensured good education and healthcare for thousands in Gujarat.

His family runs Rukshmaniben Dipchand Gardi medical college and 1,000 bed hospital in Ujjain. He was the biggest donor of Saurashtra University. He was honored with doctorate by Saurashtra University. The state government had given him the status of state guest. He was instrumental in setting up Sharda gram sankul in Mangrol. In an interview he says "I have no golden ring either in my finger or in my cupboard. I can live with one pair of shoes for eight years. If someone gives opportunity to serve, I thank him. I have not seen any play or film. I am not member of any club in Mumbai. Life is an art. There's no pleasure greater than service to needy. I particularly wanted girls to be educated because one educated mother in each family could make a world of difference to the future of society as a whole. What I have today was someone else's yesterday and will belong to someone else tomorrow".

Many of our students received donation from his trust. We salute his work. May his soul remain in peace.

(Editors choice)

## MurMur

#### "···rewinding 1st year"

Aaj dauran ek saal pehle khili hui subah ki shaam hui, Guzar gaye kese pal, beet gaye lamhe jisme yaroon se pehchan hui, Yaad ayega vo subah ka "formalin"ka nasha jo haule haule chadhta tha, Kya bataun haal-e-dil, bhari neend mein vo bhi "anesthesia" hi lagta tha....

"I want that time back again when I was unknown,

I felt ignition as a medico where key was I..own." Yaad hai vo pehla lecture jisme nazar book se zyada darwaze pe rahi thi, Aur kaan ko professor se zyada ghadi ki' tick-tick' hi sunai deti thi, Sometimes I felt that I was lucky that I got MBBS,

BDC khulte hi lagta tha- I should prefer BSc in my case. Jab kabhi detect hota tha new species,' search machine' khul jata tha,

Lectures se zyada theatres attend kiye the aisa bhi kabhi lagta tha, Muscle-joint ke attachment se zyada apne dil ke attachment ki padi thi, Aaj bhi yad karte hai vo raat jisme pehli bar books kholte hi phat ti thi Good morning se zyada sorry sir bole the aisa yaad aata hai, Proxy laga k sukun to sahi, mano naya daring hi aa jata tha, Canteen hume 'showroom' aur viva hume apna'vivah' lagta, jisme piste hum hi the

Mano' zolpi' lecturer ki aawaz mein hi ho aur hamare sikke hi khote the...

"Aaj vo hi raat hai par subah ka koi pata nahi, Yaadon ki bheed mein me zok du ese fir lapata hi sahi,"

Im gonna miss my 1st year during whole my career, And I also know what will be it in future...only my tears and tears....

Dedicated to my 1st year MBBS in bjmc.

-Parth Tank(2nd 1st)



#### CAtoon





UNITED WE MARCH-GUJARAT YOUTH SUMMIT



meter

2013.

Shutterbug

Designed

1.Baarish (Yaariyan)-3.8 2.Sunny(Yaariyan) - 3.5 3. Janta(Jai ho)-2.5 4. Drama Queen (Hasee to

Phasee) - 3.6 5.Malang(Dhoom3)-3.36. Main maari enteriya (Gunday) -3.4

7.ABCD(Yaariyan)-3.3

"Volunteer for better India", an initiative of "Art of Living" & "UNICEF" Date:- 1st Feb 2014 Venue-Gujarat University Convention Centre Time: - 8.00a.m. to 2.30p.m.

6 Burning Issues- Drug Abuse; HIV-AIDS; Gender Equality; Corruption;

Enterpreunership; Women Safety For registration & details contact: Kapil Shrimali(Pedia.R1)-8238060903;

Ayushi Chokshi; Dhara Desai

Editors: -

Harshita vyas

Notice

Nikita Pandya; Mrugank Patel; Dhananjay Majhi; Rahul Rohit; Radhika Shrotriya; Mohit Rathod; Shivam Kotak; Dhruti Pandya; Nikhil Bathija; Mrudev Gandhi; Mohit Makwana

outcome of medicoz creativity....

#### Face to face

Blood Donation is a noble cause. Still our hospital faces crisis for blood. Students of 2nd/1st organized voluntary blood donation camp on 18th of December 2013. Prashaman brings to you experience of a few



Superb experience:!!! Management was perfect··· I have also put a reminder note for next blood donation after 3 months. Campaign for this event should be amplified next time. "JOY OF

Dhruv Patel GIVING" (2nd 1st)

Chilling through my mind about the pain of that big needle... blood that was going to be

WHO CAN DONATE BLOOD ..!!! "

Thanks to colleagues who organized "Blood Donation camp" during fun week. We should all pledge to donate blood at least thrice in a year for those who need it. "KARKE DEKHO ACHHA LAGTA HAI.



Avishek Agrawal(2nd 1st)



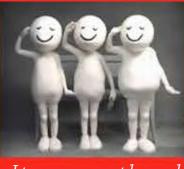
fetched out from my body. But when you realize that those few drops of blood are going to save the life of someone needy, the act of donating blood seemed to be worth doing. It was Smit Shah a great experience to be a part of the camp & (2nd 1st) as the saying goes, "BLESSED ARE THE ONES

I had dreamt of donating blood when I would turn 18 & I even tried for it on but could not do it as I Was not eligible for it. Then I decided to try my luck again in this camp organized by our batch mates & to my great joy... I was considered perfectly eligible. Donating my blood & that too

for the first time gave me the utter joy & satisfaction... Moreover, I was the only girl of our batch who donated blood which made me proud. This feeling of having been able to save one life somewhere somehow inspires me to donate blood every 3rd month if possible....



Jagruti chandpa (2nd 1st)



### Hats off to u doc!!!

Story by :- Surbhi Naik(2nd 1st)

It was another beautiful morning of the festive month of November in one of the crowdiest and most busy places of Ahmedabad...the " OPD " of civil Hospital...a place where there is always a shortage of time and place for accommodation of such a huge mass of patients. Doctors had started with their work in the OPD by 8.30... There was a long queue of patients and their more agitated closed-ones waiting outside the doctor's room.

Out of all those waiting for their turn, A 31 year old lady Asha looking weak, having skin discoloration all over her body, rashes on her face...came up to one of the doctors sitting there...and complained of nausea, occasional vomiting, anorexia, and intermittent abdominal pain. The doctor referred her to senior doctors and in no time all the doctors sitting there started discussing on the case as it seemed something different. And at the end of the talk they concluded that all these signs were showing something that they had not seen frequently. She was admitted for further investigation. After through investigations doctors gave a diagnosis that she had fulfilled all 6 criteria of American College of Rheumatology (ACR) for SLE: Malar rash, discoid rash, Oral ulceration, hemolytic Anemia, leukopenia, thrombocytopenia...Furthermore, next day her condition even worsened. She developed acute abdominal pain with positive murphy's sign and her urgent USG Abdomen. Depicted of fatty liver, mild hepatosplenomegaly, abnormal gall bladder but without calculi. The doctors finally diagnosed that the case was of Acute Acalculous Cholecystitis (AAC) in SLE patient. She was managed conservatively and was kept Nil-By-Mouth and given antibiotics, i.v. fluids and strong immunosuppressant

Within 3-4 days, the treatment worked and AAC resolved, rashes faded and other symptoms and blood parameters showed improvement. The patient was well enough to go back to her house and carry out her daily routine with some rest needed. So she was discharged on 7th day of admission.

The highly qualified team of doctors by their wit and dedication could resolve this subtile case....a case which is among 12 such occurrences of the rare disease reported in the hospital till date

(Based on real life incidence, Courtesy: Medicine Department, CHA)

# Campus Live

1. Faculties with PG students participated in International Conference on Basic & Applied Physiology -2013 (IOCONBAP - 2013) held on 21st & 22nd December at Jaipur .Dr. J M Jadeja gave a lecture on " health check up clinics in physiology".

2. Around 36 specimens of the human body was prepared by the 1st year students in specimen exhibition organized by anatomy dept. Incentive prices were given to the winners.

3. NVBDCP workshop was organized under the supervision of our microbiology department on 5th of January '14. 4. MohitMakwana (from 2nd 1st batch) got 2nd prize in state level painting competition held at Valsad on 19th of December

5. Students of 2nd 1st organized a visit to" JEEVAN-DHARA" old age home Narol on the occasion of Christmas and distributed fruits & grocery to them from the donations given by our college students. They spent a quality time and had fun with the people there. They also donated sweaters, fruits & stationary items to a primary school in a nearby slum area.

6. Ragging is prohibited as per the Law. New comers are advised to contact Hostel Superintendent / Rector / Security Officer / Teachers / Staff Members whom he / she knows in case of any such difficulties...

7. For prevention of Dengue / Chikungunya / Malaria etc, students are requested to take appropriate preventive measures as suggested by authority. Please contact immediately at Emergency Medicine Department at CHA for symptoms of such diseases. 8.Bhavik Shah(3rd 1st) & Nitisha Kamath (Intern) got prize in paper presentation in a conference held by American Association Of Physicians Of India(AAPI)



#### City Joy Amdavad Ni gufa

Amdavad ni gufa, also known as "Hussain-Doshi ni gufa(caves)" is basically an underground art gallery. Help your selves not taking it as cave literally but an art exhibiting gallery. Placed near CEPT (the hub for architects), this cave is a unique juxtaposition of architecture and art. This cave like structure possesses a roof made of interconnected domes covered with a mosaic of tiles, resembling shells of tortoises (as informed by a local).

While visiting Ahmedabad, Hussain asked his friend Doshi to design a permanent art gallery for the exhibition of his works hence formerly known as Hussain-Doshi's caves. They've planned an underground structure to withstand the heat of summer. The mosaic tiles on the roof are similar to those found on the roofs of the Jain temples at Girnar, and the mosaic snake is from Hindu mythology. There are facilities for special exhibitions and for projecting

films. A beautiful garden and a café too, obviously above the ground!!

Hussain used the gallery's walls as a canvas, painting on them with bold strokes and bright colours. The artwork depicts human figures and motifs of animals, including his famous horse figures. He also decorated features such as doors and even air conditioners. The figures were designed to resemble ancient cave paintings in a modern environment. Inshort if you are looking for a place to hang out with friend and family, this caves can be one of the destination of choice



Umang Patel(2nd 1st)



- · Madam Bhikaji Rustom Cama was the first person to hoist Indian flag on foreign soil on 22nd August 1907 in Stuttgrat, Germany.
- It was adopted by the Constituent Assembly on 22 July 1947, when it became the official flag of the Dominion of India. The flag was subsequently retained as that of the Republic of India. The flag is based on the Swaraj flag, a flag of the Indian National Congress designed by Pingali Venkayya.
- The National flag of India has three equal horizontal bands the top panel is India saffron (Kesari), the bottom panel is India green and white middle band bearing at its centre the design of Ashoka Chakra in navy blue colour with 24 equally spaced spokes.
- Saffron stands for renunciation, disinterestedness, courage and sacrifice. White stands for truth, peace and purity. Green stands for prosperity, vibrancy and life. The Ashok Chakra stands for righteousness, progress and perpetuity. The 24 spokes of wheel stands for 24 hours of day.
- The Flag Code of India, 2002, took effect from 26 January 2002 and superseded the 'Flag Code-Indias' as it existed. As per the provisions of the Flag Code of India, 2002, there are no restriction on the display of the National Flag by members of general public, private organisations, educational institutions, etc., except to the extent provided in the Emblems and Names (Prevention of Improper Use) Act, 1950 and the Prevention of Insults to National Honour Act, 1971 and any other law enacted on the subject.
- The Indian flag was hoisted on the highest mountain peak of the world, Mount Everest on 29th May 1953.

• The Indian National Flag flew to space in 1984 when Wing Commander Rakesh Sharma went to the space. The flag was attached as a medallion on his space suit.



#### Dissection

Cards on the Table, by Agatha Christie

Fans of detective novels must have heard of, and even read some of Agatha Christie's works. The little detective Hercule Poirot that Christie created is very different from the image of a detective in our mind. He doesn't engage in tasks like looking for footprints, cigar ash, chemical analysis etc. Instead he uses Psychology to solve a crime and reach to the perpetrator. As he

often says, "It's upto the little grey cells up here." The plot involves a room in which four people are playing a game of bridge. The host, aptly named Mr Shaitan is sitting in an armchair by the fireplace. Mr Shaitan has reason to believe that every oen of the four bridge players have committed murder in the past which has remained undetected. The scene seems peaceful and composed, except for one detail: Mr Shaitan has a stiletto sticking in his chest. Hercule Poirot is in the next room. Upon discovering the body, it becomes clear to the detective that one of the four players is the murderer. But examination of the suspects yield nothing. The only way to reach the murder is through psychoanalysis, which Poirot does by analyzing the Score Cards of each of the players, their style of writing, their style of betting etc. Even though we know at the start of the novel that the murderer is one of the four players, the end is still a big surprise. Christie's treatment of each of the characters is commendable. Hercule Poirot is

literally on fire, as he analyses each suspect and reaches to his conclusion. Although "The Murder of

are a fan of crime novella and have read some of Christie's works, this novel is highly recommended.

Roger Ackroyd" is considered to be Christie's best work till date, this novel surely challenges it. If you









Akash Pandya

(2nd 3rd)

(views & creations expressed here are of authors and not prashaman)