

B.J.M.C MONTHLY WALL MAGAZINE

PRASHAMAN

OUTCOME OF MEDICOZ CRATIVITY
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बरहमा मुरारी त्रपुरांतकारी भानु शर्मा भुमि सुतोः बुधश्च गुरुश्च
शुक्रः शनि राहु केतवः कुरुवन्तु सर्वे मम सुप्रभातम् ।

Let Brahma, Murari (Vishnu), Tripurantkari (Shiva), Sun, Moon, Bhumisuta (Mars), Budha (Mercury), Brahaspati (Jupiter), Sukra (Venus), Shani (Saturn), Rahu and Ketu mak-e the morning auspicious for me!

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MURMUR

सपनेहकिकत
धुनधला सा अभी है सवेरा,
भागती है रात

गर्म सूरज की तपशि से,
हुआ अनधेरा जल के राख
पनछीयो की देख उड़ता,
जागी है एक प्यास.

मैं भी खो जाउ गगन में
आउर कर लु बादल पार

बादलो के पार जाऊ,
पहड़ो पर चड कर मैं गाऊ,
झरनो का मैं नीर पीऊ,
पेड़ो के फल मैं खाऊ,
सारा धिर्तरा पर मैं छाऊ,
बस मैं उड़ता ही जाऊ

हैं सुबह का खवाब मेरा,
न की बस सपना सुनहरा.

पन्ख के बनिा क्या मैं ये कर पाउगा,
उड़ने को पर, पर कह से लाउन्गा.

खवाब पर जो हैं यकीन तो सब सरल हो जाएगा,
हैं अरोसा... आज या कल, पन्ख भँउग आएगा ।।

- समरि सौरभ

Campus Live

>>> "LOKARPAN VIDHI" of Dr Jivraj Mehta "Ashmita Bhavan" was done by Shree Nitin Patel, Health Minister Govt. of Gujarat on 15th of october.

>>> An indian origin doctor and alumni of bjmc, Dr Rahul Jindal, a transplant surgeon has been selected for the prestigious, "outstanding american by choice" award for his contribution to thr health sector by the UCIS (US citizenship and immigration services) at the women in military service for american memorial at arlington national cemetry in virginia on nov 13.

>>> Team PRASHAMAN wishes 'all the best' to final year part I and second year due term students for that prieliminary exams !!

>>> Ragging is prohobited as per the law. New-comers are adviced to contact HOSTEL SUPERITENDENT/ RECTOR /SECURITY OFFICER/ TEACHERS whom he/she knows in case of any difficulties...

>>> For prevention of Dengue/ Malaria/ Chikungunya etc. students are re-quested to make appropriate preventive measures.Please contact immediately at Emergency Medicine Dept. for symptoms of such diseases.

Something Quoted

The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails.
-William arthur ward

FACE 2 FACE

PULSE.. annual festival of AIIMS...every year sees an active participation of students of our college eager to compete with the medicos of the entire country. Seldom have we seen our batch mates receiving a medal, but when we do see... "That guy/girl is my friend!" is what we shout with joy!!!

Amongst great applause and cheering, I saw Amay and Shikha emerge from our group, eager to receive their medals. Amay had won gold in lawn tennis singles; while Shikha had won gold in women's chess! I wondered how these two sleek looking friends of mine could have achieved this! I,suhan khaamr, couldn't help but ask them, on behalf of the team prashaman. Here it goes!

1. First of all: a hearty congratulation for such a tremendous victory... How you feel about it?

Amay banker: It is a great feeling of course! :) I've won some tournaments in the past but winning the all India medical trophy means a lot to me! I am Very happy.
Shikha shah : I feel really great! Chess has always been more than a sport to me...and having an achievement in the name of my college for the same is amazing!

2. Mountains of success are not climbed in a day... since when are you playing it?

Amay banker: I've been playing since 8 to 9 years now! Tennis does require a lot of practice and it is the hard work that has finally paid off.
Shikha shah: Chess has been with me since I was in std.5...

3. This has been your passion since so long! So, what is your greatest achievement till now?

Amay banker: Tennis has been my passion ever since I held the racquet in my hand. Being the vice caption of Gujarat and representing my state in the national school games is one of my biggest achievements! :)
Shikha Shah: I've the state championship titles in women category as well as in Under-11,13,15,17,19 & 25 years...but by far my greatest achievement is to achieve a position in top 10 all over India for three times in national tournaments.

4. In your opinion, how much importance should one give to co-curricular activities in MBBS?

Amay Banker: Well, MBBS is difficult. We have a lot to study and stress levels are always high. So, any co-curricular activities which relax you, and make you happy should be given importance. How much importance is an entirely personal choice! "All work and no play make jack a dull boy."
Shikha Shah: MBBS is a busy, busy line! Most medicos find it difficult to find spare time! But definitely it's important to keep your passion alive...& pursue those extra dimensions that add zeal to your lives! Chess taught me patience, perseverance and the ability to learn from failures. So, co-curricular activities are definitely important.

5. You are sure going to be an inspiration for many... Any one from your sport who inspires you?

Amay Banker: My inspiration is, Roger Federer. The greatest player this game has ever seen!
Shikha Shah: I've been inspired the most by my coach Nirav Rajasuba...who has been like a father to me in this mind game...which he always quotes to be the "union of art and science!".

Amay
Banker
II/I

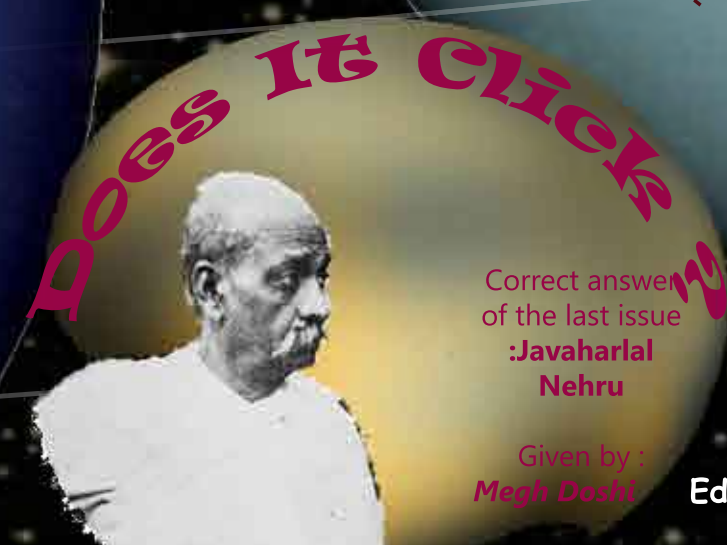
Shikha
Shah
II/I

CAToon

DIWALI FOR DOCTORS IS FOREVER



Keval Patel
II/I



Given by
Megh Doshi

Editorss :: Mrugank Patel, Dhananjay Mahaji, Nikita Pandya, Mohit Rathod, Radhika Soratiya, Rahul Rohit, Shivam Kotak, Dhruuti Pandya, Harshita Vyas, Mrudev Gandhi, Nikhil Bhatija, Parth Tank, Suhan Khamar ,Surbhi Naik

MEDISKETCH



Neha Jangid
II/I

DISSECTION

KRISHN 3

The film has all the ingredients that make a splendid superhero film, besides being Rakesh Roshan's most accomplished work so far. For sheer vision, bravado and superlative execution, this one soars to new orbits. Latch on to this cape for an exhilarating ride. Krrish 3 is ambitious and exciting, fast-paced and the VFX effects. He has incorporated everything a Hindi cine-goer could hope for in this production are smashing. Krrish 3 is a outrageous mishmash of Bollywood sentimentality meets E.T, meets Superman meets X-Men with set pieces, sound design and screenplay structure liberally borrowed from Hollywood's imagination. For the most part, impressively ambitious and dazzlingly competent, if not always riveting. Krrish 3 is not only a BIG film but transcends expectations. The film makes you proud how far our Indian film industry has come. It also makes a bold statement that this industry is at par with Hollywood when it comes to special. It is commercial cinema at its best, with exquisite flavours of action, drama, emotion and thrills. In short " Jordan " !! Go catch it.....

Raj Vishwajit
III/I

SHUTTER-BUG

THEME - WILDLIFE



SSR
Nikkon D3 f900
Focal length - 300mm
1/24,ISO 100, Shutter 1/1000

Meet Agrawal
Post Intern

THEME FOR NEXT ISSUE - MACROS

AHO ASHCHARYAM! MANGAL YATRA!

ISRO's recent launch, MOM (Mars Orbiter Mission) is the first ever attempt of India for an interplanetary mission. MOM or MANGALYAAN was launched on the 5th of November into the Earth's orbit.

This 300 day mission is based on the unusual "slingshot" method. The spacecraft will first orbit around earth to achieve a desired speed and then enter Mars's orbit. The orbit raising was to be carried out sequentially on 6, 7, 8, 10, 11, 12 November before giving a final rise on 1st of December to throw it in interplanetary space.

The Mangalyaan probe has a Rs. 450-crore price tag, which is less than a sixth of the amount earmarked for a Mars probe, MAVEN, to be launched by the NASA later this month (approx \$671 million).

MOM will travel a distance of about 780 million km... Taking into consideration the total cost, this mission costs less then Rs 12/km. Truly Indian!!

traveller x

Nepal - the religious land

This time, it took me to world's most religious country after India, Nepal. As many days in a year, many festivals. One can find world's highest peaks and shortest people in Nepal! Kathmandu, Patan, Chitwan, Pokhara and Lumbini are the cities attracting you towards the land surrounded by the tall Himalayan spikes. Started with Kathmandu, I reached the Pashupatinath temple, the holiest place for Hindus. When you have been to all of the "12 Jyotirling" Pashupatinath is the requirement to complete it. World's largest Shiva temple situated on the shore of river BAGHMATI, has its own majesty, where I got the chance to watch the SANDHYA AARTI seen in the picture. All among them, the cremation ceremony fascinated the most! Tow GHATS for cremation, different for common and royal ones!! The Boudhnath, origin of the Buddhism is enough to satisfy your spiritual part.

PATAN city, separated from ktm by Baghmati was the capital in ancient times hence contains royal civilization. The 'darbar chauk' where heads of 108 buffaloes are delivered to Maa KAALI every year at Durgashtmi!!

Chitwan National Park, lying in 932 sq. km has 152 tigers accompanied by rhinos, wild elephants and various species of dears, snakes and birds. The luckiest one only is able to sight the king. In 2 operational jeep safaris and 1 elephant ride, I got most of them (not the tiger). The morning time preferred for canoeing and me to get the desire, the Giant Hornbill.

Pokhara - completely surrounded hill station gives the thrill to survive same as other hill stations. At either side its not common at a the thrill to survive same as other hill stations. At either side its not common at all. The ultra morning sun rise at Sarangkot went all beyond our imaginations. New heights, the winter's too! The changing colors of snowed peaks - I did not want such luck! While returning to Pokhara, the side views can make one physician remember the spikes of ECG!! The climbing here might be a bit disappointing to the vegetarians. This time, the spark of pokhara wanted me to fill the cold feet. Ultralite flying that gives wings!! The mechanism of the aircraft was a subject for me. Similar to the tiger, once they were accommodating two fellows, the pilot and the passenger. I had to be was to view the spiky land from the height of 10000ft. Don't expect more. Other common sports such as rafting, canoeing, kayaking, Bungee can also take



Mrudev Gandhi
II/I

MovieMetre

A New thing will be added up from the next issue named MOVIEMETRE. All you need to do is rate the movie you see behind the ticket out of 5 and drop it into our DROPBOX. We will give those movies STETHOS by collecting them in our new column. Go ...Watch...Rate them.

Attention

Few of our friends in 1st MBBS are not able to purchase their book. Those senior who want to temporarily donate their 1st-year books are requested to contact Dr. Dinesh M. Rathod

Designed by
Yash Oza & Mrudev Gandhi

Views and creations expressed here are authors' not of PRASHAMAN